



A scene from *Little Shop of Horrors*

photo provided

Sci-Fi Musical At Broadway Palm

Broadway Palm Dinner Theatre presents the deviously delicious *Little Shop of Horrors* playing now through Saturday, June 15. One

of the longest running Off-Broadway shows, *Little Shop of Horrors* is a Broadway and Hollywood sci-fi, smash-hit musical that has devoured the hearts of theatergoers for decades. The show's music is by master composer Alan Menken whose credits also include

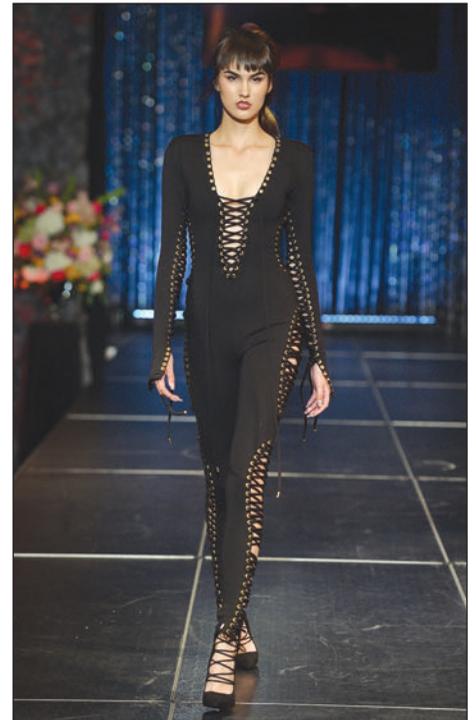
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Art Walks The Runway Returns To Davis Center

The 8th annual Art Walks the Runway brings celebrity designers Michael Ngo, Usama Ishtay and Victor Lopez to the Sidney & Berne Davis Art Center on Saturday, May 18. Cocktail hour will begin at 6 p.m., and the runway show starts at 7 p.m.

Ngo is the Los Angeles designer who has dressed celebrities like Ariana Grande, Mariah Carey and Jennifer Lopez. He creates one-of-a-kind pieces that celebrate freedom, sexuality and empowerment, and specializes in ready-to-wear pieces that complement those sentiments. His design aesthetic revolves around street-luxe minimalism that is structured in silhouette and ornamentation. For more information, visit www.designsbymichaelngo.com.

Ishtay is a couture designer whose fashions have graced the red carpet on actress Lauren London, dancer Zuleyka Rivera and celebrities like Ciara, Tyra Banks and Carrie Underwood. He made several trips around the world sourcing women's fashion for several boutiques and stores in Venezuela when he then



Brittany Plasencia wearing a design by Usama Ishtay photo by Simon Soong

began to fall in love with one of his sourcing destinations. Ishtay lives in Los Angeles where he currently works as a

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BiteMarks

photos courtesy Jesi Cason Photography

Arts Festival Salutes Diversity

BiteMarks, a punk band from Gainesville, will headline the 4th annual Babefest at Howl Tattoo & Piercing on Friday, May 24. Doors open at 8 p.m. Music starts at 9 p.m. Tickets are \$10.

The event, which is the brainchild

of Love Your Rebellion (LYR) founder Angela Page, features a diverse lineup of bands and vendors. In addition to BiteMarks, LYR's Babefest will also feature post-punk trio The Nervous Girls from St. Petersburg, riot girls The Covenne from Lake Worth, queer punks Butch Queen & the Bad Habits from Miami and Page's band The Young Dead.

The annual arts and activism festival brings bands with diverse members together. There will also be a



The Young Dead

marketplace with vendors who support the LYR mission. For vendor registration, visit www.loveyourrebellion.org/babefest-vendors.

On Saturday, May 25, Babefest will be in Tampa at Crowbar with Chastity Belt. To learn more about Love Your Rebellion and Babefest, visit www.loveyourrebellion.org.

Babefest is sponsored by Creative Minds Records, Neenie's House, Nice

Guys Pizza, Remedies Parlor, No Clubs, The Fran Haasch Law Group and Odebear Press.

Love Your Rebellion is a 501(c)3 that empowers marginalized groups through the arts.

Howl Tattoo & Piercing is located at 4160 Cleveland Avenue in Fort Myers. For tickets to LYR's Babefest, visit www.howlftmyers.com/event/lyrs-babefest-2019-ft-myers-feat-bitemarks.

Historic Downtown Fort Myers, Then And Now:

Morgan's Boom-Time Entrance



by Gerri Reaves, PhD

This 1920s photo shows one of the newest and most stylish hotel entrances in boom-time Fort Myers, The Morgan at First and Dean streets.

Note the tile work framing the raised archway entrance, the serpentine columns above it, and other ornate Mediterranean Revivalist-style touches.

The windows' ironwork and striped awnings add to the façade's distinctive boom-time look.

Historic color-print postcard images of this time period show the hotel with vivid accents in red, orange and blue, so use your imagination for the full effect.

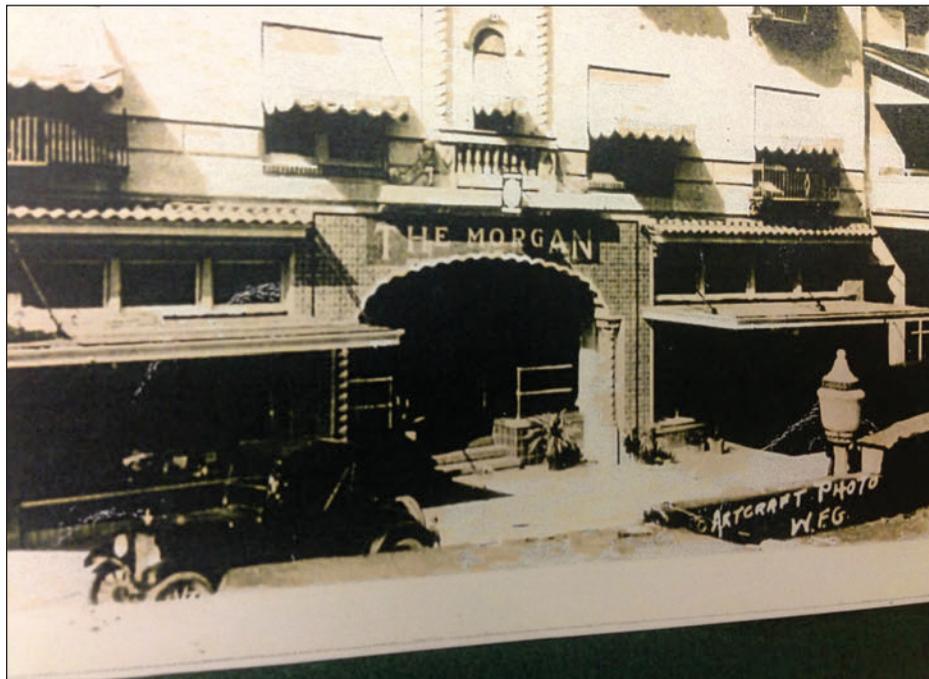
The Morgan opened in 1924 on a spot that had been a hotel site since at least the turn of the 20th century, first as the Windsor, then as the SW "Sol" Sanchez boarding house, and then as Cottage Home.

The hotel was one of many ventures of John Morgan Dean, the founder of two successful furniture companies in Providence, Rhode Island.

First visiting Fort Myers in 1898, he became a recurring seasonal visitor, investing in tracts of riverfront property and other projects, including the land along Billy's Creek that became Dean Park (originally called Hyde Park), the town's first planned real estate development.

When obtaining permission from the city to build The Morgan, he also obtained permission to create Dean Street so his hotel could have an entrance on both First (pictured here) and Dean.

The hotel opened with 22 rooms, but an addition extending to Bay Street soon increased that number to 62 bedrooms with baths. There was also a dining room, a



The Morgan Hotel, pictured not long after it opened in 1924 at First and Dean

photo courtesy Joanne Iwinski-Miller



Today, the former Morgan has lost most of the original Mediterranean Revivalist features. A restaurant occupies the ground floor, and apartments and business suites occupy the upper floors.

photo by Gerri Reaves

brass-railed porch and rooftop solarium.

Businesses and the restaurant occupied the street level.

By the end of World War II, The Morgan was losing its stylish edge.

Among the storefront businesses of the postwar era were a children's clothing shop and a real estate office.

In the early 1960s, the hotel was sold, renovated, and the name changed to Hotel Dean.

Today, the historic building no longer bears the name Morgan – not since the Morgan House Restaurant moved out several years ago.

However, the building does retain its originator's name in the Dean apartments and business suites on the upper floors.

The ground floor is now a restaurant whose entrance in no way resembles that of its historic counterpart.

Walk down to First and Dean and imagine staying at the stylish Morgan during boom time.

Then, visit the following two research centers to learn more about hotel choices in 1920s Fort Myers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *The Fort Myers Press*, *The News-Press*, and *The Story of Fort Myers* by Karl H. Grismer.✧

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Production**
Ann Ziehl, Manager
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Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers

Jennifer Basey	Ross Hauser, MD
Barbara Cacchione	Craig R. Hersch
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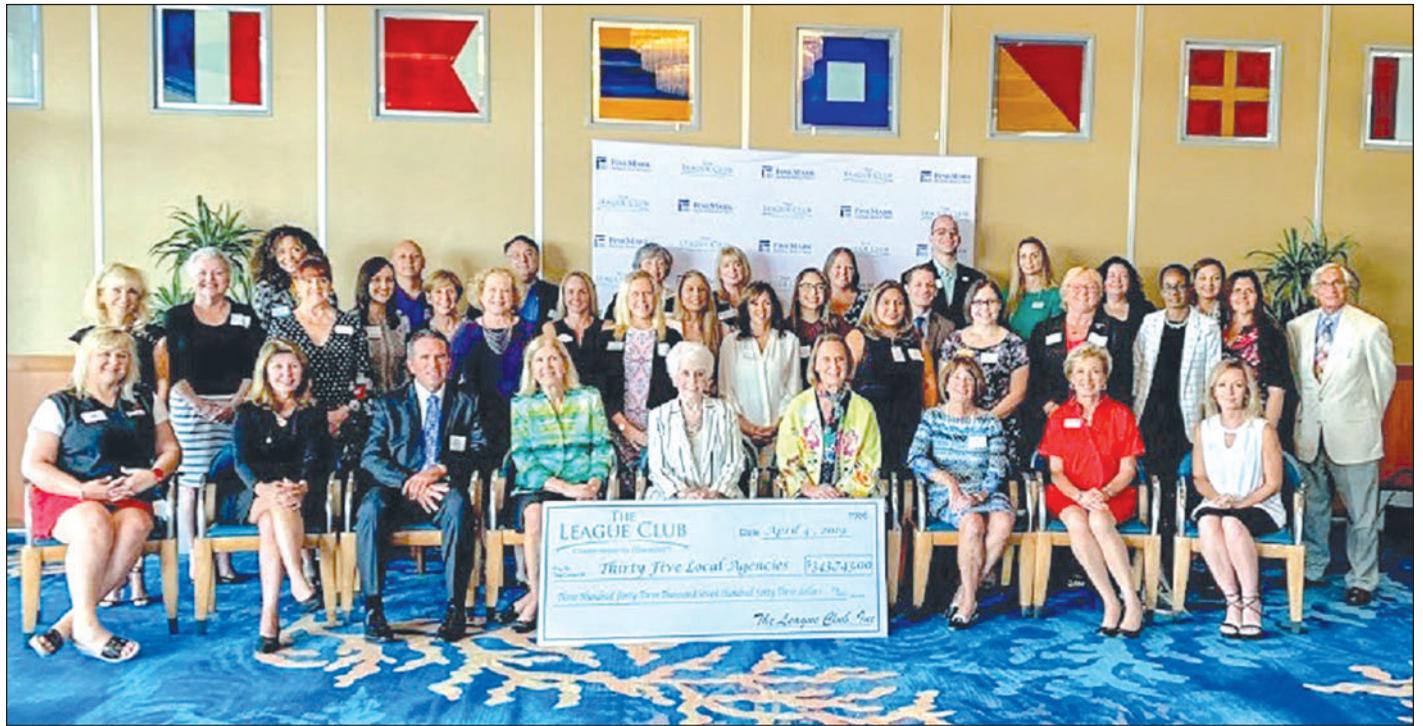
Guardian Ad Litem Foundation Receives Grant

Guardian ad Litem Foundation, 20th Judicial Circuit, was awarded a \$10,000 grant from The League Club to support its vital Beds for Kids initiative.

Beds for Kids is a program that allows Guardian ad Litem volunteer advocates to request a new bed for Southwest Florida families who are willing to take in a vulnerable child, but lack the resources to provide a bed. Guardian ad Litem Foundation provides volunteer advocates who serve as a voice for children who have been abused, neglected or abandoned as they navigate the judicial, education and child welfare system.

"Beds for Kids has delivered and assembled more than 2,300 beds in homes across Southwest Florida," said Roxanne Dyer, executive director for the region's Guardian ad Litem Foundation. "There are so many families willing to open their homes to a child in need, but they don't always have a spare bed. This generous grant from The League Club will provide monetary assistance that enables us to purchase a warm, cozy bed to make these children feel welcome during a period of uncertainty in their lives."

Through its Community Trust Fund, The League Club recently issued \$343,743 in grants to 35 local



The League Club

photo provided

nonprofit organizations focused on education, hunger relief and health care. The League Club is a Naples-based nonprofit comprised of women who strive to strengthen communities through fellowship, education, volunteerism and philanthropy.

"For over three decades, The League Club has strengthened this community through our philanthropic grants and volunteerism," said President Charlene

Barnette. "This year, our Commitment to Community is stronger than ever. We believe this is essential to human well-being in Collier and Lee counties. Working together with our members, supporters and business sponsors, we are able to make a difference in Collier and Lee counties."

Beds for Kids was founded in 2001 by Guardian ad Litem volunteer advocate Cynthia Shafer. It's part of

the Foundation's Children's Needs Program, which raises money to help pay expenses for children assigned to Guardian ad Litem for "extras" such as birthday parties, summer camps, sports participation or fun outings like a night at the arcade, bowling and theme park tickets.

To help support the Children's Needs Program, visit www.voicesforkids.org or call 533-1435.✪

Hurricane Seminar At The Shell Factory

The 2019 hurricane season begins June 1. A comprehensive hurricane seminar is being offered by The Shell Factory on Monday, May 20 at 10 a.m. The program will feature John Patrick, chief meteorologist with ABC-7. Representatives from various emergency-related agencies will also be presenters.

The seminar will provide an emphasis on preparation for the hurricane season and recovery procedures in case of a hurricane. The program, being held in the Dolphin Room, is free to the public.

Parking is also free. Pre-registration is not required.

Participants will be offered free Nature Park passes for the family and door prizes. Hurricane-related businesses will have table displays that feature hurricane preparedness items.

Speakers will cover topics such as what a hurricane is, when to evacuate, flood damage and storm surge, shelters, how to prepare a hurricane kit, what happens after a hurricane, insurance needs, and how to find relief assistance. Participants will be provided with a variety of printed materials that will be invaluable in preparing for a hurricane. Hurricane season is in effect until November 30.

For more information, contact Chris Forbes at christine@shellfactory.com or 246-6364.✪

Taste Of The Beach Winners

The Fort Myers Beach Chamber of Commerce hosted its 24th annual Taste of the Beach on May 5. The popular food festival held on Fort Myers Beach included approximately 14 restaurants plus promotional vendors, a beer garden and live music.

Local restaurants served samples of their best signature dishes. They also competed for the top Taste of the Beach Award honors in several categories. The winners included:

Best Appetizer: Doc Ford's

- Best Dessert: Fish-Tale Restaurant
- Best Surf Entree: Sunset Beach Grill
- Best Chicken Entree: Castaway's Bar and Grill
- Best Turf Entree: Sunset Beach Grill
- People's Choice: Coste Island Cuisine
- Best Decorated Booth: Castaway's Bar and Grill

Restaurant staff competed in the always-spirited Server Competition. Doc Ford's was the winning server team, followed by Nervous Nellie's in second place and Sunset Beach Grill in third.

The Fort Myers Beach Chamber send thanks to everyone who attended the event, as well as the participating restaurants, sponsors, vendors and volunteers.✪

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Participants of a previous music camp

photos provided

Summer Music And Arts Camps Begin In June

The Music Foundation of Southwest Florida will hold its annual summer arts program, scheduled weekdays from June 17 through July 19. In its 28th year, more than 20 different camps in areas of music, theater, and visual and culinary arts are

offered for students in grades 6 to 8. A few camps are designed for students as young as grade 3. The program is divided into four one-week sessions and camps are held from 9 a.m. to 4 p.m. daily. Cost is \$150 per week, which includes activities, breakfast, lunch, and a souvenir T-shirt. Scholarships are available.

New this year is the TV production and film camp and a flute ensemble for middle schoolers and high schoolers.

The week-long Summer Arts Camps offer music theory, note-reading, proper



A camper shows off his artwork

practice skills for music students and special enrichment activities for all.

Camps are held at the centrally located Paul Laurence Dunbar Middle School in Fort Myers and staffed by faculty who are current Lee County teachers that are selected for their expertise and ability to share their enthusiasm and knowledge with the students.

The summer camp programs provide a variety of high quality artistic and educational experiences that promote positive personal growth, interest and

achievement in the arts. The programs are designed to develop cooperation, personal responsibility, teamwork, respect and goal achievement. Faculty members strive to ensure that all participants have positive, enjoyable and successful experiences.

"We are excited about our expanded summer camp offerings this year. We have new camps in TV production and film, dance and more. There is something for everyone. We are proud to offer such a well-rounded and enriching program," said Ruth Christman, executive director of The Music Foundation of Southwest Florida.

"The benefits of a music education are beyond learning to play an instrument and to read music. Students also learn valuable life skills such as self-discipline, nonverbal communication, the importance of completing a task, improved self-worth as well as reinforced math skills, history and literature, and more."

The Summer Arts Camps feature excellent and safe facilities, low student to teacher ratio, highly qualified staff and educators, and student presentations and performances at the end of each camp that give students the opportunity to demonstrate accomplishments and achievements.

Students must provide their own instruments for all band and string camps.

For more information, visit www.music-foundation.org or contact Ruth Christman at jcmfa@aol.com or 275-0057.✪



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Continental Women's Club

The Continental Women's Club will hold its monthly meeting at The Hideaway Country Club on Thursday, June 6 at 11:30 a.m.

Guest speaker will be WINK TV Meteorologist Scott Zedeker, whose presentation will be on Tracking the Weather in Southwest Florida.

Continental Women's Club monthly meetings are held on the first Thursday of each month. Cost to attend the luncheon is \$22.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information, call 691-7561.✪

comedy looks at affluent suburban couples whose truths finally catch up with them. At an ill-fated dinner party, long-time friends are awakened to the secrets of their past with hilarious and farcical results. Written by one of America's most widely produced playwrights, this comedy asks what remains between us when youth, dreams and the last bottle of wine is gone?

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call the box office at 939-2787 or visit www.artinlee.org/theatre.✪

Mother/Son Night Of Fun This Friday

The 22nd annual Mother/Son Night of Fun will be held at Cape Coral Yacht Club on Friday, May 17 from 6 to 9 p.m.

There will be music, dancing, door prizes, catered hot and cold appetizers, refreshments and even a special photo by a professional photographer to capture the moment for each couple.

Cost is \$50 per couple and \$15 for an additional boy. Tickets are limited. Pre-registration is required.

Cape Coral Yacht Club is located at 5819 Driftwood Parkway in Cape Coral. For more information, call 574-0804.✪

Rescheduled Play At Theater

Due to unforeseen circumstances, Theatre Conspiracy at the Alliance for the Arts has rescheduled its May production of *Rancho Mirage*. Performances will now run from June 14 to 15 and 21 to 22 at 7:30 p.m. and June 16 and 23 at 2 p.m. For theatregoers who are blind, or have moderate to severe vision loss, an audio described show will be held on June 23.

Acclaimed playwright Steven Dietz'



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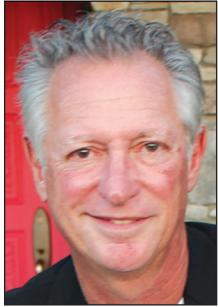
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Fort Myers Art:

Fantasy Musical At Youth Theater This Weekend



by Tom Hall

The Centers for Performing Arts Bonita Springs (CFABS) Youth Theater is producing four performances of *Willy Wonka JR.* this weekend, Friday, May 17 through Sunday, May 19.

Roald Dahl's *Willy Wonka JR.* follows enigmatic candy manufacturer Willy Wonka as he stages a contest by hiding golden tickets in five of his scrumptious candy bars. Whoever comes up with these tickets will win a free tour of the Wonka factory, as well as a lifetime supply of candy. Four of the five winning children are insufferable brats, but the fifth is a likeable young lad named Charlie Bucket, who takes the tour in the company of his equally amiable grandfather. The children must learn to follow Mr. Wonka's rules in the factory – or suffer the consequences.

Featuring the enchanting songs from the 1971 film in addition to a host of fun new songs, "Roald Dahl's *Willy Wonka JR.* is a scumdidilyumptious musical guaranteed to delight everyone's sweet tooth," said new CFABS Youth Theater Director Brian Seagraves.

This production will be the first completely helmed by Seagraves for the CFABS Youth Theater, but it's by no means his first time directing and producing, with credits from various venues, mainly in the Midwest. Rounding



Willy Wonka and the Oompa Loompas

photo courtesy www.artswfl.com

out the creative team are Music Director Alana Nanz, Choreographer Jill Demchak and Assistant Director Dee Betcher, along with technical direction from CFABS's own Dominic Vigliotti.

CFABS Youth Theater productions are always comprised of an assortment of amazingly talented and motivated local youth of all ages, and this show is no exception with 51 performers from ages 8 to 18 from both Lee and Collier counties.

Each Youth Theater production at CFABS leads the cast on a journey that begins with open auditions and spans roughly three months of rehearsing diligently two to three times a week after school, concluding in a fully realized performance for friends, family and the entire community. This program provides youth with a structured, theatrical outlet with compassionate guidance, while getting them to practice responsibility, teamwork

and commitment, as well as giving them opportunities to explore their talents and build their confidence.

"I am a big fan of approaching a production as 'education through process' which includes not only teaching youth how to better their performance and put on a show, but also how to think on your feet, work together, be responsible, exude confidence and celebrate diversity," said Seagraves.

Performances will be at 7 p.m. on Friday and Saturday, May 17 and 18 together with 2 p.m. matinee shows on Saturday and Sunday, May 18 and 19, in the Center for Performing Arts – Hinman Auditorium, which is located at 10150 Bonita Beach Road in Bonita Springs. Tickets are \$15 for general admission, \$20 for reserved seating and 10 percent off for current CFABS members.

Auditions Scheduled For Lab's 2019-20 Season

Lab Theater is holding auditions for its 2019-20 season from 2 to 4 p.m. on Sunday, May 19 and between 1 and 4 p.m. for straight plays and 4 and 6 p.m. for its musical on Saturday, June 8.

To audition, come with a humorous and/or dramatic monologue not to exceed 90 seconds each. Actors will be seen on a first-come, first-served basis. Actors without monologues may select one that The Lab will have on offer in the lobby. Actors who are not available on either of the audition dates may send a video audition to director@laboratorytheaterflorida.com. Callbacks will be by invitation.

- The shows are:
DMV, August 2019
The Crucible, September-October 2019
Sex Tips for Straight Women from a Gay Man, October-November 2019
Let Nothing You Dismay, December 2019
Death of a Streetcar Named Virginia Woolf, January-February 2020
How to Transcend a Happy Marriage, February-March 2020
In the Heights, March-April 2020
Kehilla, April 2020.
 More on the roles can be found online at www.laboratorytheaterflorida.com and on its Facebook page.
Tom Hall is both an amateur artist

and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

Youth Violence Prevention Presentations

The recipients of the Youth Violence Prevention grants from the Unitarian Universalist Church and the United Way will present their programs to the public at the Unitarian Universalist Church on Friday, May 24 at 5:30 p.m.

The Youth Violence Prevention Partnership (YVPP) is a collaboration of the Unitarian Universalist Church and the United Way to encourage the development of programs that bring awareness of youth violence and the risk factors that contribute to it. The project funded over \$15,000 in grants for student-driven programs. Proposals were submitted, and a student committee selected the projects that were funded.

The recipients include the following: Human Trafficking Awareness Partnership; I WILL Mentorship Foundation; Quality Life Center; South Fort Myers High School; WellFit Girls; Young Life –Dunbar High School; and Girl Scouts – Individual.

In addition to the student presentations, Dr. Mike Martin, president of Florida Gulf Coast University, and Jim Nathan, adjunct professor of health services at FGCU, will be featured speakers.

The Unitarian Universalist Church is located at 13411 Shire Lane in Fort Myers. For more information, visit www.uucfm.org.✧

Lee County Utilities To End Chlorine Flush

On Tuesday, May 21, Lee County Utilities will end the free chlorine flush, which will involve converting its disinfection process from a free chlorine residual back to chloramines as the primary disinfectant.

The free chlorine flush, which began May 1, is a routine measure common among water utilities that use chloramines as a primary disinfectant.

Anyone who uses a kidney dialysis machine at home should contact an equipment supplier so the proper filtering equipment may be installed.

Tropical fish or aquatic animal owners should contact a local tropical fish store for appropriate pretreatment of water before adding it to tanks.

Customers may notice a temporary change in the taste, odor and color of the water, which is not harmful.

Although the conversion of disinfection begins on May 21, it will take about one week for the service area to be converted from a free chlorine residual to chloramines.

Contact the Lee County Utilities office from 8 a.m. to 4:30 p.m. weekdays at 533-8845 with any questions.✧

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New Teacher Of The Year Selected

The School District of Lee County recently announced that Daniel DeShazo is being honored as the 2019 New Teacher of the Year. DeShazo is the junior leadership program (JLP) teacher at Caloosa Middle School. JLP is a JROTC-style cadet program teaching leadership, discipline and character.

"Mr. DeShazo has taken this opportunity and embraced it with open arms," says Caloosa Middle School Assistant Principal Melissa Booth. "He quickly demonstrated a natural ability to build and foster relationships with students while embodying our school's vision of inspiring a passion for learning and leadership."

DeShazo is a career changer, hired by Caloosa Middle at a district career fair last year after five years in the U.S. Marines. He previously worked for the district as a behavioral/security specialist and helping teacher.

"I am very honored," DeShazo said in reaction to be chosen. "I am amazed the district would take the time to honor a first-year teacher like me. It's very rewarding."

The New Teacher of the Year is a new award for the District. First year teachers were nominated by their administrators, a selection committee picked five finalists, and then interviewed them to choose the inaugural award winner.



Daniel DeShazo photo provided

"The division of human resources wants to positively highlight the teaching profession," said Chief Human Resource Officer Dr. Angela Pruitt. "Since it is a critically important time to hire great teachers for our children, we want to shine a light on a deserving beginning teacher to assist with recruitment and retention into the field of education."

District staff joined Caloosa Middle's administration and teachers to surprise DeShazo with the award this morning. "It is my hope that Mr. DeShazo will one day be a Golden Apple Teacher," added Booth.✱

officers and high school counselors, who appraised a substantial amount of information submitted by both the finalists and their high schools: the academic record, including difficulty level of subjects studied and grades earned; scores from two standardized tests; contributions and leadership in school and community activities; an essay written by the finalist; and a recommendation written by a high school official.

This year's National Merit Scholarship program began in October 2017 when over 1.6 million juniors in approximately 22,000 high schools took the Preliminary SAT/National Merit Scholarship Qualifying Test, which served as an initial screen of program entrants. Last fall, the highest-scoring participants in each state, representing less than one percent of the nation's high school seniors, were named semifinalists on a state-representational basis. Only these 16,000 semifinalists had an opportunity to continue in the competition.

From the semifinalist group, some 15,000 students met the very high academic standards and other requirements to advance to the finalist level of the competition. By the conclusion of the 2019 program, about 7,600 finalists will have earned the Merit Scholar title and received a total of over \$31 million in college scholarships.✱

National Merit Scholarship Winners

Fort Myers High School Seniors Dahlia Dry and Ryan Schmelzle have been selected as National Merit \$2,500 scholarship winners. The recipients were chosen from a talent pool of more than 15,000 outstanding finalists in the 2019 National Merit Scholarship program.

"The national merit scholarship is one of the most prestigious academic awards that a student can receive in high school," said Fort Myers High School Principal Dr. Robert Butz. "The competition puts those winners as the top 1 percent of academic successes in the country. This accomplishment is a testament to their hard work, and we are very proud of Dahlia and Ryan for this achievement."

National Merit \$2500 Scholarship winners are the finalists in each state judged to have the strongest combination of accomplishments, skills and potential for success in rigorous college studies. The number of winners named in each state is proportional to the state's percentage of the nation's graduating high school seniors.

These scholars were selected by a committee of college admissions

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Along The River

The **downtown Fort Myers River District** will again be the scene for **Music Walk** this Friday, May 17. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect live jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

Visit www.fortmyersriverdistrictalliance.com to learn more.

During National Public Gardens Week, **Edison and Ford Winter Estates** will host a **free movie** this Friday, May 17, and a **plant sale** as well as free workshops this Saturday, May 18. The site is open daily from 9 a.m. to 5:30 p.m. The event is held in partnership with the American Public Gardens Association.

On Friday, families are invited to watch *Moana* under the stars at the banyan tree at 7:30 p.m. Refreshments will be available for purchase. Visitors should bring a folding chair or blanket. Tours of the gardens, homes, museum and lab are not included.

On Saturday, there will be several free lectures, demonstrations and workshops throughout the day. Visit www.edisonfordwinterestates.org/events/grow-fort-myers for the complete schedule.

Saturday is also the Grow Fort Myers plant sale including native and Florida friendly plants that thrive in Southwest Florida's environment. This



Edison and Ford Winter Estates will hold a plant sale on Saturday

photo courtesy www.edisonfordwinterestates.org

event is geared toward local residents to give them the tools they need to have successful gardens with sustainable landscapes. Coupons will be handed out for discounts on Garden Shoppe purchases. Refreshments will also be available for purchase.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.

U.S. Coast Guard Auxiliary Flotilla 91, Fort Myers Beach will be participating in the U.S. Coast Guard Station National Safe Boating Week kick-off **Open House** event at

the Beach station this Saturday, May 18 from 10 a.m. to 3 p.m.

National Safe Boating Week runs from May 18 to 24 to promote and highlight the importance of practicing safe boating. The open house provides boaters with diverse tips and valuable information. Guests will tour several Coast Guard boats during the event. Members of the Coast Guard Auxiliary will be available to answer recreational boating safety questions. Participants will learn more about safe boating education, having the proper equipment on their vessel, marine safety and environmental protection concerns. As

School District Receives 5-Year Accreditation

The Lee County School District has earned accreditation for another 5-year period through AdvancED, an internationally recognized organization that conducts rigorous reviews to ensure educational institutions meet high learning standards. The district's Early Childhood Learning Center was also awarded a separate 5-year accreditation.

"The accreditation process provides us with the opportunity to receive external feedback on our district, identifying our strengths as well as areas we can make stronger," said Superintendent Dr. Greg Adkins. "I am proud of the work being done by our employees to ensure student success and am pleased that AdvancED rated us as a highly effective learning organization."

The district was rated on 31 standards in the areas of Leadership Capacity, Learning Capacity and Resource Capacity. These ratings were calculated to determine an overall Index of Education Quality (IEQ) rating. The district earned an IEQ rating of 340.48, significantly higher than the AdvancED Improvement Network five-year average of 278.34 to 283.33.

An IEQ of 275 or higher indicates "the institution is beginning to reach the impact level and is engaged in practices that are sustained over time and are becoming ingrained in the culture of the institution," according to the AdvancED Final Report. Areas that were specifically noted for their high impact were leadership, operational processes and strategic resource management.

The accreditation review, which took place in February, included on-site visits of 19 schools, as well as the Early Childhood Learning Center, Lee Virtual School and the district's central office. The review team, which consisted of 18 educators from across the United States, interviewed a total of 698 students, teachers, support staff, administrators, School Board members and community members.*

View Top Chef Scholarship Challenge

The School District of Lee County will present the inaugural Top Chef Scholarship Challenge on Lee Schools TV. The 25-minute program features three East Lee County High School Culinary Academy seniors competing for \$2,500 in scholarships.

"We really challenged these students during the competition," said Culinary Academy teacher Chef Arthur Phillips. "They were required to make an entrée and a desert, using six of eight mandatory ingredients, with less than 24 hours to prepare their menu and only 90 minutes in the kitchen."

The Top Chef Scholarship Challenge started in September among the culinary academy students at East Lee County High School. Three students made it to the finals:

Tori McNear – A senior who plans to major in management and minor in a culinary to become a catering coordinator and work in marketing with the catering business.

Virginia Reyes – A senior with three years' experience in the culinary academy who plans to pursue a career as a pastry chef.

Caricia Rodriguez – A senior who plans to attend Florida Gulf Coast University, major in hospitality management, and one day open her own restaurant.

Top prize was a \$1,250 scholarship. Second place won \$750 and third \$500. The scholarship money was raised by the greater Lehigh Acres of Commerce.

"We didn't want to just hold another essay contest," said Chamber of Commerce President Ed Moore. "So, we brought an idea to the culinary academy at East Lee High School. We thought it would be a great way to

an added attraction, *Coastie*, a remote-controlled, low-endurance class cutter, will make an appearance. Free hot dogs and water will be served.

U.S. Coast Guard Auxiliary Flotilla 91, Fort Myers Beach is located at 719 San Carlos Drive on San Carlos Island. For more information, visit www.cgaux.org.

Lee County Emergency Management (LCEM) will have a **Hurricane Preparedness Seminar at Fort Myers Regional Library** this Wednesday, May 22 at 10 a.m. The free seminar, which is open to the public, will include information on how to prepare families and homes for hurricane season, how to use new hurricane-related technology and how LCEM responds to hurricanes and other disasters.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs, or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Debbie Quimby at 533-0622, Florida Relay Service 711 or dquimby@leegov.com. Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.

Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. The seminar will be held in Conference Room A/B. For more information, visit www.leeec.com.*

showcase the culinary department and the students for the hard work they've put into school and everything they've learned in the academy."

Healthy Harvest Farms provided much of the food used by the contestants. Volunteers served as the judges.

To view the Top Chef Scholarship Challenge, visit www.youtube.com/watch?v=uXUF7v4ObtE&feature=youtu.be and the school district's Facebook page at www.facebook.com/schooldistrictofleecounty.*

College Graduates

Cape Coral native Quinton Clawson recently graduated from the University of the Cumberland in Williamsburg, Kentucky. Clawson earned a master of arts degree in professional counseling in clinical mental health counseling.

Fort Myers native Krupal Dipakkumar Patel recently graduated from Campbellsville University in Campbellsville, Kentucky with a master of science degree in information technology management.

Fort Myers native Daryon Smith recently graduated from Berry College in Mt. Berry, Georgia. He earned a bachelor of science degree in animal science.*

Calusa Day Celebrates Waterways



A volunteer group with items and trash picked up during Great American Cleanup photos provided

Volunteers Collect 32,000 Pounds Of Trash

The 21st anniversary Great American Cleanup hosted by Keep Lee County Beautiful featured more than 1,200 volunteers throughout Lee County picking up litter and harmful debris. The county-wide event cleaned up over 32,000 pounds of trash and debris.

The Great American Cleanup had volunteers of all ages organized at 58 locations across Lee County. The volunteers cleaned 62 miles of roads, 74 acres of parks, 35 miles of waterways and one illegal dump-site. This call to action event focused volunteer efforts on activities that impact aesthetic community improvements and the environment. Community bonds were strengthened and unity was inspired across the county.

Keep Lee County Beautiful is very thankful for all volunteers. Their hard work made a difference in improving local communities, protecting local waterways and the environment.

Keep Lee County Beautiful urges everyone to make efforts to reduce their collective plastic footprint. Humans are producing over 300 million tons of plastic every year, 50 percent of which is for single-use purposes. More than 8 million tons of plastic ends up in oceans every year harming marine life and the environment.

All individuals can take steps to stop using unnecessary single-use products. Ways to reduce waste include:

Say no to (plastic) straws. Use paper or reusable straws.

Bring your own reusable bags everywhere. A single plastic bag can take 1,000 years to degrade.

Get a reusable water bottle. Switch to reusable sandwich bags.

Stop using Saran Wrap. Don't use plastic bags for produce & bulk groceries. Switch to fabric bulk bags.

Say no to plastic ware. Use your own or purchase biodegradable utensils.

Bring your own container for take-out food or leftovers.

Switch to bamboo toothbrushes which are biodegradable.

These are just a few tips to help keep Lee County clean, green and beautiful.*



From left, Ken Jaros, John Scott, Ruth Scott and Solemi Hernandez photo provided

Calusa Waterkeeper celebrated Southwest Florida's waterways with a full day of family recreation along the Caloosahatchee. Big Calusa Day brought people from around the community to North Shore Park in North Fort Myers on April 27.

Visitors watched and participated in four classes of kayak and paddleboard races. Kids sifted for fossils with Calusa Waterkeeper John Cassani. Historian, teacher and paleontologist Dr. Charles O'Connor spoke about sabre-toothed

tigers, giant sloths and woolly mammoths that long ago inhabited the area.

Many attendees also cruised aboard the 42-foot Manatee & Eco River Tours River Queen, a floating master naturalist lab.

Big Calusa Day is part of The Big Calusa, a family-friendly, recreational, educational and cultural week-long festival and cleanup, during Earth Day week. The festival was held to reconnect the community in a positive way with all that is loved about local waterways.*



More than 32,000 pounds of trash were collected during the morning event

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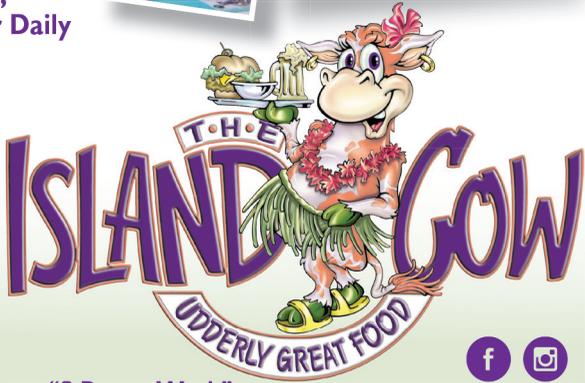




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City Employees Help Refurbish SalusCare

City of Cape Coral employees volunteered for a United Way Day of Caring at SalusCare's Cape Coral facility on Cultural Park Boulevard. In addition to SalusCare's offices, the building will serve as a United Way House.

United Way Houses bring multiple agency services to a single neighborhood location. SalusCare will be the lead partner agency, but additional agencies will provide services to clients who visit the Cape Coral United Way House.

"The volunteers from the City of Cape Coral were one of the most amazing and hard-working groups I've ever seen. They began painting right away, took pride in their work and enjoyed each other's company. You could see that this was a group committed to making life better for the residents of Cape Coral. We are so grateful for their efforts in helping us re-open the Cape Coral United Way House," said Todd Cordisco, vice president of public relations and development at SalusCare.

"We love volunteering! We love to give back to our community with the United Way. Painting the inside of the building and catching up with co-workers that we don't see on a daily basis was fun! It's great comradery for us," said Wendy Ward of the city's finance and



City of Cape Coral employees helping refurbish the SalusCare offices, part of which will become the Cape Coral United Way House

photo provided

risk management office. "We love to give back not only in monetary donations but in hard work. The city employees represented the city manager's office, department of community development, parks & recreation and risk management. Thank you for giving us the opportunity, and we are looking forward to the grand opening of the facility. We will see you at the next volunteer opportunity."

"A sincere thank you to the employees of the City of Cape Coral for their enthusiasm and hard work

refurbishing the space for the United Way House," said Cliff Smith, president of the United Way of Lee, Hendry, Glades, and Okeechobee.

Additional projects are coming up in the near future such as painting the exterior of the building. Volunteers can contact the United Way Volunteer Center at 433-7567 for more information. Other volunteer opportunities are listed on the United Way website at www.unitedwaylee.org/volunteer.

The United Way's Day of Caring is

a year-round program, coordinated by the United Way Volunteer Center which matches businesses' desires to help with the needs of the community. Many local groups and companies have participated such as Publix; Scotlynn USA; T3 Communications; Markham, Norton, Mosteller & Wright PA; and Lee County Tax Collector's Office.✪

Methodist Church Summer Day Camp

Faith United Methodist Church in Fort Myers is offering a nine-week Summer Day Camp for kids age 5 through sixth grade from June 3 to August 2. The camp will run Monday through Friday from 7:30 a.m. to 5:30 p.m. and will be closed on July 4.

Campers will experience fun indoor and outdoor activities, Bible stories, arts and crafts, field trips, and more. Cost is \$675 and includes drinks, snacks, field trips and lunch on Wednesdays and Fridays. Parents should provide lunch on Mondays, Tuesdays and Thursdays.

Summer camp registration is open now and will continue until enrollment is reached. Scholarships are available.

Faith United Methodist Church is located at 15690 McGregor Boulevard in Fort Myers. For more information, visit www.faithum.com or contact Kathy Frumoff at 482-2030 or email kfrumoff@faithum.com.✪

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplesimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.
CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES
Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✪

CROW Case Of The Week:

Glue Trap Victims

by Bob Petcher



Glue traps are trays, cardboard, fiberboard or plastic coated with an extremely sticky adhesive that is often used to capture rodents, insects and snakes. Unfortunately, these animals and many other animals get stuck to this type of surface and usually suffer a slow death by starvation or suffocation. There are known as one of the

cruellest methods of killing animals,

The key word here is "suffer." According to several sources, glue traps have been known to rip patches of skin, fur and feathers off an animal's body as it struggles to escape. Like being stuck in a snare, many animals even chew off their own legs trying to get free. Then there are animals that get their faces stuck in the glue and suffocate, which can take hours. During trap time, animals generally scream in pain and upset the trappers who become undecided on how to "dispose" of the living creatures. The U.S. Humane Society states glue traps are "responsible for more suffering than virtually any other wildlife control product on the market."

At CROW, an adult burrowing owl (*Athene cunicularia*) was admitted to CROW after being stuck to a glue trap. The finder reportedly used olive oil to remove the owl from the trap and then washed it with dish soap. While oil can be effective at getting birds unstuck from a glue trap, the oil then also needs to be fully removed from a bird's feathers. Veterinarians noted the owl to have increased respiration sounds upon intake, some bruising and that it was still covered in oil and soap. Over a period last week, CROW staff



Patient #19-1656 died from secondary pneumonia after being stuck in a glue trap photo by Dr. Kyle Abbott

members used chinchilla dust to remove glue and more baths to remove the oil, which is a delicate process and must be done in stages due to the amount of stress on the patient.

CROW also took in a northern mockingbird (*Mimus polyglottos*) last week with a very similar situation. The finder used vegetable oil to unstick the bird from the glue trap, and the bird is also receiving chinchilla dust baths to remove glue and baths to remove the oil.

"Often, injuries are worsened when finders try to "unstick" glued animals from traps, ranging from lost feathers, to torn skin and even broken bones," said Dr. Lela Larned, CROW veterinary intern. "In the hospital, we can help animals stay calm and non-painful while

we gently detach them from the traps. Ideally, finders should simply place the entire glue trap, including the creatures stuck to it, into a container and rush it in to a wildlife hospital. Tissue paper can be placed over the exposed glue to help prevent the animal from getting other body parts stuck to the glue."

Oils should not be used in this process.

"Oils that finders sometimes use to remove the animal frequently end up accidentally ingested by the animal. This can result in internal issues," said Dr. Larned, who explained a single bath can include multiple wash stations and gallons of water changes to complete the process of fully removing oil from feathers. "Oils can also trap an animal's body heat or destroy their insulation, making them prone to life threatening hyperthermia or hypothermia."

Glue traps are often deadly for innocent victims.

"The owl survived initial baths, but did not survive the wash process ultimately; it lost many feathers and likely succumbed to secondary pneumonia. The mockingbird has developed a severe infection in its leg secondary to being attached to the trap. It still has a long road to a full recovery," said Dr. Larned.

"Glue traps are an inhumane form of pest control. Victims of the trap, even the intended targets, experience hours, sometimes days, of struggling before dying of exhaustion, dehydration or starvation. Skipping glue traps is a huge way to help wildlife from the tiniest hummingbirds and butterflies, to lovely owls and songbirds. Especially this time of year, parent birds are foraging even longer hours gathering bugs for their little ones. A mother might end up on a glue trap enticed by the trapped insects."

CROW (*Clinic for the Rehabilitation of Wildlife, Inc.*) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Spring Time Fishing Options



by Capt. Matt Mitchell

Though tarpon will remain the main target for lots of anglers for at least the next few weeks, we have plenty of other fishing options.

For a few days this week, I had fishing trips where bending the rods and just having fun was more the theme than chasing a bucket list of fish. For these trips, we went shiner fishing and caught mangrove snapper for dinner along with good numbers of snook and even a few redfish.

Even with slow, incoming daytime tides all week, the catch-and-release snook bite was great. Though most of these snook are not that large on every trip, we either landed a few bigger models or hooked into a few that won the battle. At many of the places I targeted snook this week, we caught other species including a few redfish, keeper-size mangrove snapper and some really huge jacks.

The better mangrove fishing for me continues to be on the eastern side of the sound. During lower tides, I'm targeting deeper mangrove channels

and creek mouths as the tide comes up oyster bars and mangrove island shorelines. The southern end of the sound and the southern end of Matlacha Pass have been daily choices. Matlacha Pass is a real hidden gem and, although it takes some time to get around and to work out, this fishery gets very little angler pressure while holding lots of quality fish.

Locating tarpon was generally easy both in the sound and on the beaches during the better weather days this week. As usual, some days the tarpon would eat, then other days they would torment you by swimming right through your bait spread and even rolling over your baits while flipping you off. Watching these fish all around the boat is all part of the game. All you can do is try different baits and hope they will eat one of your offerings.

The Florida Fish and Wildlife Conservation Commission (FWC) ruling to keep snook, redfish and now trout closed for harvest in our area until at least May 2020 is great news. This response to the prolonged 2018 red tide is the right choice and will only help our fishery rebound. Anglers can still target these species, though they are now all catch and release only.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



Pam Murray with one of two big bonus snook she caught while fishing with Capt. Matt Mitchell last week photo provided

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Plant Smart

Earleaf Acacia

by Gerri Reaves

Earleaf acacia (*Acacia auriculiformis*) is a shrub or tree native to Australia, Papua New Guinea and Indonesia. It was imported to Florida prior to 1932 and was widely used as a landscape and street tree.

But Florida is now paying the price for the instant shade tree that grows six to eight feet in one season.

The species is listed as a category-1 invasive species by the Florida Exotic Pest Plant Council. Plants in this category have been shown to alter “native plant communities by displacing native species, changing community structures or ecological functions, or hybridizing with natives.”

That determination is based on “the documented ecological damage caused.”

Moreover, Lee County code stipulates that this highly invasive plant not be planted and that it “must be removed” from areas to be developed.

The City of Sanibel also specifically prohibits it.

This member of the pea family (also called bean or legume family) grows as high as 50 feet and has a loose, spreading form.

The alternate blade-like leaves are five to eight inches long with three to seven parallel veins. They are slender, curved, and typically described as sickle-shaped.

Two- to three-inch spikes of bright



Earleaf acacia's spikes of flowers peak in spring

yellow many-stamened flowers reach peak bloom in spring, but can continue into summer and fall.

The word earleaf in the common name refers to the seed pod, which resembles an ear. *Auriculiformis* means the form of

acquisition and management program. Conservation lands help the county protect drinking water, enhance water quality, provide nature-based recreational opportunities, protect areas from flooding and provide wildlife habitat.

For more information, visit www.conservation2020.org.✪

State Grant To Study Eroded Beach Sand

The Lee Board of County Commissioners recently approved a grant from the Florida Department of Environmental Protection (DEP) to study Big Carlos Pass, New Pass and Big Hickory Pass in order to better understand how those inlets function and how they influence the adjacent beaches.

The Estero Bay Regional Inlet Management Study will determine the volume and location of beach sand in each of the inlets and how the sand moves throughout the region over time. The results will be used to determine the best method for managing the area, potentially including inlet dredging and nourishing the adjacent eroded beaches. Study recommendations are expected to be adopted by the state as a formal inlet management plan.

The Florida DEP will provide \$422,596 for the study. Lee County will provide a 25 percent local match, or \$105,649, from the Beach Renourishment Trust Fund, which is funded by bed tax dollars paid on short-term lodging.

The study is to begin in June.✪



A dried pod

waterlogged soil – thrives in full sun and is drought tolerant.

If this tree is in your yard, consider replacing it with a native shade tree. If the invasive status isn't convincing enough, consider that the tree is messy, susceptible to breakage in wind, and does not attract wildlife.

Sources: Florida, *My Eden* by Frederic B. Stresau; *Florida Trees and Palms* by Sylvester A. Rose et al.; <https://edis.ifas.ufl.edu>; <https://plants.ifas.ufl.edu>; and www.leegov.com.

Plant Smart explores the diverse flora of South Florida.✪

Conservation 20/20 Parcels Purchased

The Lee Board of County Commissioners recently approved the purchase of two parcels on Pine Island totaling about 275 acres.

The two parcels include:

About 182 acres in Bokeelia west of Alden Pines Country Club adjacent to Conservation 20/20's Carver Preserve. Along with lands owned by the State of Florida and the Calusa Land Trust, this acquisition would establish about 869 acres of contiguous land for conservation. The purchase price for this parcel is \$210,000. The Conservation Land Acquisition and Stewardship Advisory Committee (CLASAC) in April unanimously approved the purchase.

About 93 acres along the north side of Maria Drive in St. James City near the county-owned Pine Island Commercial Marina. The parcel contains freshwater wetlands and a freshwater pond. This parcel consists of native pine flatwoods, oak hammock and mangrove forest/salt marsh. It hosts both state and federal listed species such as Eastern indigo snake, gopher tortoise, beautiful pawpaw, wood stork and tricolored heron. The purchase price is about \$1.18 million. At closing, Greater Pine Island Civic Association and Calusa Land Trust and Nature Preserve of Pine Island, Inc., have offered donations of \$250 and \$5,000, respectively.

Conservation 20/20, which has preserved about 29,609 acres since its inception, is Lee County's environmental



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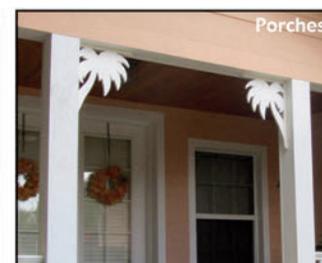
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National Safe Boating Week Begins Saturday

Learn about boating safety during National Safe Boating Week, which promotes boating and life jacket safety to boaters everywhere, from May 18 to 24.

Florida leads the nation in both boating accidents and boating deaths. In 2017, 261 boating accidents involved collisions, and 38 percent of all collisions were due to inattention or the operator failing to maintain a proper lookout.

There will be vessel safety exam at WP Franklin Lock Welcome Center Boat Ramp, 1660 S. Franklin Lock Road, Alva, on May 18 from 10 a.m. to 2 p.m.

A Kids Water Safety session will be held at Lehigh Acres Community Pool, 1400 West 5th Street, Lehigh Acres, on May 18 from 10 a.m. to 1 p.m.

There will be an open house at U.S. Coast Guard Station Fort Myers Beach, 719 San Carlos Drive, Fort Myers Beach, on May 18 from 10 a.m. to 3 p.m.

Did you know: 83 percent of all boaters who drown are not wearing life jackets; there are new and improved life jackets that are comfortable and unobtrusive; boaters are responsible for the safety of themselves, their passengers and other boaters; this means not only having life jackets on board but requiring all onboard to wear them all the time.

When you compare fatality rates for boaters who had taken a boating safety course in the past 10 years to those who had not, an “untrained” boater is five times more likely to die in a boating



Sanibel Mayor Kevin Ruane, center, provided U.S. Coast Guard Auxiliary Flotilla 92 members with a proclamation

photos provided

accident than one who received boating safety training.

Boat responsibly statistics show the leading contributing factors in boating accidents are operator inattention, improper lookout, operator inexperience, excessive speed and alcohol.

Vessels that are properly outfitted and in good working order are less likely to be involved in fatal accidents than other vessels.

Vessel safety checks provide a penalty-free way for boaters to enhance vessel safety and provide a ready means for examiners to teach boaters some basic safety lessons in a relaxed, non-confrontational atmosphere before heading out onto the water.

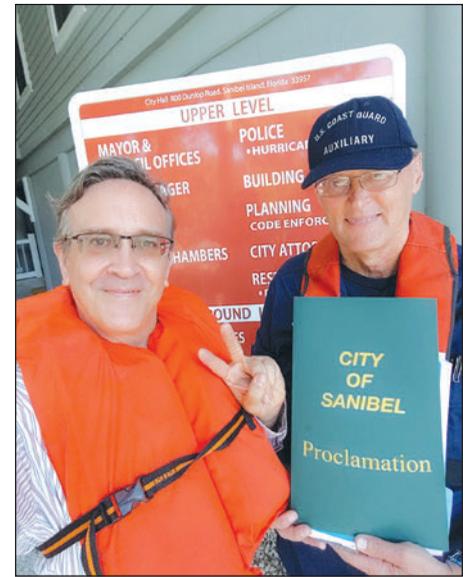
The U.S. Coast Guard Auxiliary and U.S. Power Squadrons offer free vessel safety checks that can help identify any other potential problems. Visit www.safetysal.net for more information.



James Fellabam with *Island Sun* newspaper staff member Justin Wilder

Top 10 Boating Tips:

1. Wear your life jacket.
2. Take at least one certified boating safety course. Refreshers are recommended.
3. Avoid mixing alcohol and boating.
4. Register your marine radio, obtain a free nine-digit MMSI number that is assigned to a DSC radio.
5. Purchase an EPIRB/PLB for life jackets. Register with NOAA according to the instructions provided with the beacon. Registration is mandatory, improves response and reduces false alarms, and can be completed online at www.beaconregistration.noaa.gov.
6. Check your flares, fire extinguisher and other safety equipment to be certain they are in good condition and up to date. Keep updated navigational charts on your boat and use them.
7. Know your boat's performance limitations and passenger capacity.
8. Familiarize yourself with



Lee County Chamber President Armando Nargi and U.S. Coast Guard Auxiliary Flotilla 92 member James Fellabam

upcoming weather. Check online services as part of your pre-departure planning. Avoid potential conditions before you go. The National Weather Service broadcasts marine weather forecasts regularly. Tune your VHF marine radio to 162.4 MHz or log onto www.nws.noaa.gov.

9. File a Float Plan: Tell someone where you are going, for how long, how many people going, color/size/type of boat, etc. If you change plans, let someone know. Use the USCG mobile app at www.uscg.mil/mobile. Check the sample float plan at that site.

10. Shut off your engines when approaching swimmers, divers or bringing someone on board.

For more information, visit www.safeboating.com, www.uscgboating.org or www.safeboatingcampaign.com. For local information, email infocalusacgaux94@gmail.com.**

Endangered Birds Being Released Into The Wild

Captive-reared Florida grasshopper sparrows are being released on public lands in Osceola County during the coming weeks in an ongoing effort to reverse a near collapse of the species.

The Florida Fish and Wildlife Conservation Commission (FWC), U.S. Fish and Wildlife Service (Service) and partners are releasing captive-reared sparrows in an effort to boost the existing population. Current survey counts show fewer than 80 sparrows in the wild.

In recent years, the population of Florida grasshopper sparrows has declined sharply. Extinction in the wild is a very real possibility, and the multi-partner recovery program's captive breeding and release efforts are part of the strategy to avoid this outcome.

“There’s no time to waste for this charismatic songbird found nowhere else in the world. The sparrow is fighting hard for its existence and



Florida grasshopper sparrow

photo courtesy Florida Fish and Wildlife

so must we,” said Julie Wraithmell, executive director of Audubon Florida. “This release throws a lifeline to the species while agency researchers continue to search for the key to the sparrow’s recovery in the wild.”

In 2015, the FWC, the Service and partners, including Rare Species Conservatory Foundation (Loxahatchee) and White Oak Conservation (Yulee), began a captive-rearing program as part of a multi-pronged strategy to prevent the bird’s extinction. The efforts of this partnership have resulted in the first opportunity to supplement wild populations by releasing captive-reared

birds back onto the prairie. The location of the release is not being disclosed to ensure people don’t interfere with the delicate birds.

“While we recognize that releasing captive animals back into the wild may carry some risk, if we don’t add to the wild flock soon, it is very likely this unique little bird will go extinct,” said Kipp Frohlich, director of the FWC’s Division of Habitat and Species Conservation. “Working with our partners, we have conducted intensive assessments and we are confident the potential benefits are great and outweigh the risks.”

The FWC and the Service, with input from partners, have developed a five-year strategic vision as a recovery implementation strategy to guide management actions, including habitat management, nest protection, research, monitoring, and captive rearing and release.

Prior to release, the birds will be kept in an on-prairie aviary for a short time to acclimate to their new environment. The aviary design is one that has proven safe and secure for sparrows at one of the breeding facilities. Some of the birds will be fitted with radio-tracking devices so biologists

can monitor their survival and health after release.

“A lot of people have worked hard learning how to raise these sparrows in captivity. It is delicate work,” said Larry Williams, the Service’s Florida state supervisor for ecological services. “The eggs are about the size of a marble, and the hatchlings are just as tiny. But we are optimistic these first releases will bring some success.”

Since 2012, the Service, the FWC and partners have contributed significant financial resources and personnel to the recovery of the Florida grasshopper sparrow. Additional funding is needed to expand captive-rearing and support additional conservation research projects. Concerned citizens who would like to join the effort to save these birds can donate to the Fish & Wildlife Foundation of Florida’s sparrow fund at www.wildlifeflorida.org/funding-priorities.

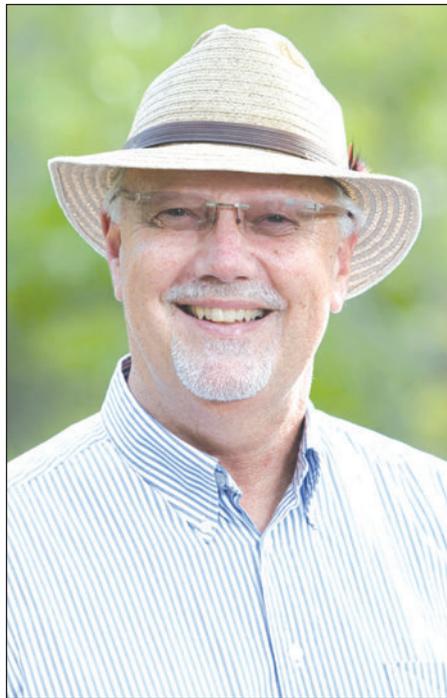
To learn more about the FWC’s conservation efforts for the Florida grasshopper sparrow, visit www.myfwc.com/Imperiled and click on “Species Profiles” under “Florida’s Imperiled Species,” then scroll down to “Florida Grasshopper Sparrow.”**

Candidate Seeks Appointment To Lee Commission

Dick Anderson is seeking the appointment to the Lee County Board of County Commissioners (BOCC), District 3. The vacancy was left after the death of commission Chairman Larry Kiker. Governor Ron DeSantis will appoint Kiker's successor. Anderson ran against Kiker in 2016 and lost to the incumbent by a little more than 1 percent, or a difference of a little more than 1,000 votes.

Anderson is a 40-plus year resident of Lee County with a master's degree in education and urban planning and was part of the group that created the Conservation 20/20 land-preservation initiative. He worked in environmental and land planning for the Lee and Collier governments as well as WCI Communities and teaches college-level courses about the economics of our environment.

"When I ran for Lee County Commission in 2016, my goals were to manage our burgeoning growth, safeguard water quality, ensure sensitive lands are protected, and preserve the environment while allowing for compatible economic development," said Anderson. "We have seen water quality issues emerge over the past year that have affected both our quality of life and our economy. I believe my



Dick Anderson photo provided

extensive experience in government and growth management uniquely qualifies me for this position at this critical time."

Anderson's goals for Lee County include:

Uphold the Lee County Comprehensive Plan – Density increases in areas such as the DRGR are short-sighted and do not factor in the community cost of urban sprawl.

Restore and promote Conservation

20/20 – It is essential that we continue to acquire and manage key properties that offer natural resource benefits (including water supply, water quality, flood attenuation, open space, recreation and wildlife habitat) especially in the face of continued growth pressure.

Anderson will work with local, state and federal agencies along with non-governmental organizations to expedite a specific set of solutions necessary to save our estuaries from fresh water releases from Lake Okeechobee.

Address our transportation infrastructure – Since 2012, the Lee County BOCC has cut transportation funding, creating an economically disastrous future shortfall in funds to deal with continued growth pressure. Clogged and unsafe roadways are impacting our all important tourism and real estate industries. Our community deserves responsible leadership that will restore every possible transportation funding source and to invest in sustainable public transit alternatives going forward.

Restore a long-term/natural resource based approach to all decision making – Our economy relies on the quality of our unique environment. This requires a return to planning for sustainability where all policies are evaluated based on long term effects to our quality of life.

Dick Anderson can be reached at 470-4703 or dickanderson52@gmail.com.*

SalusCare To Host Job Fair In June

SalusCare, the area's most comprehensive provider of behavioral healthcare services, will be hosting a Job Fair at its Evans Campus on Tuesday, June 4 from 10 a.m. to 2 p.m.

Job seekers will be able to complete an application on-site, speak with hiring managers and learn more about benefits. Among the open positions are full-time, part-time and PRN positions (short-term, contract, part-time or fill-in work by a nurse or allied health professional) such as clinical staff, intake clinicians, dietary aides, clerical staff, nurses and behavioral health technicians.

"A career at SalusCare means being part of a team of individuals dedicated to providing compassionate care to individuals in Southwest Florida," said SalusCare President and CEO Stacey Cook. "Our staff is the key to our success in providing an unmatched continuum of mental health and substance use treatment services for adults and children. I would encourage those interested to attend the job fair and learn about our open positions."

SalusCare's Evans Campus is located at 3763 Evans Avenue in Fort Myers. For more information, visit www.saluscareflorida.org/careers. From this page, those interested can view current job openings, benefits and apply for open positions.**

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IRAs And Second Marriages



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Karen, and Bob, both age 78, are in a second marriage and each has children from a prior marriage. A sizeable portion of their net worth is Karen's Traditional IRA account, worth approximately \$3.5 million. Karen takes her Required Minimum Distributions (RMDs) each year. The divisor under the Uniform Life Table that governs Karen's IRA this year is 20.3, resulting in a RMD of approximately \$172,400.

Currently, Bob is the primary beneficiary of Karen's IRA. Karen's children are the contingent beneficiaries.

They arrive at my office with a dilemma: "What I'd like to do," Karen says, "is if Bob survives me, I want my IRA to go into a trust for him, but whatever he doesn't use would go back to my children."

Because Bob is currently the primary beneficiary, Bob could, if he survives Karen, roll over her IRA. He would then take RMDs based upon the same Uniform Life Table that Karen now takes. When Bob rolls over the IRA, he could name whomever he wants as his primary beneficiary, which worries Karen.

It's not that Karen doesn't trust Bob, "It's just that he could become vulnerable later in life due to dementia, or what if my children somehow upset him and he decides to change the beneficiaries," she noted. Bob wasn't offended and nodded in agreement.

"That's not the only danger," I pointed out. "If Bob were to remarry without a nuptial agreement, even if he left Karen's children as the IRA primary beneficiaries, his new wife could take what's known as a spousal elective share under the law. She might be entitled to as much as half of the IRA balance."

"So that's why I want to put the IRA in a trust for Bob if I go first," Karen said.

"Well, there's a problem with that strategy too," I noted, pulling out the IRS RMD charts. "The only person who can roll over an IRA is a spouse. Provided the spouse does, in fact, roll over the IRA, then the Uniform Life Table applies. If the IRA isn't rolled over, however, then the Single Life Table applies," I continued,

pulling out that chart.

The Single Life Table is used for non-spouse beneficiaries, or for spouses who don't roll over the IRA. It is a much more aggressive RMD schedule.

"You'll see that with the Single Life Table the divisor for a 78-year-old is 11.4 rather than the 20.3 that you find on the Uniform Life Table. So a \$3.5 million IRA account would result in a RMD of approximately \$307,000. Moreover, the Single Life Table's annual divisor is not calculated using the age of the beneficiary after the first RMD. Instead, you subtract one from the previous year's divisor. In other words, the next year's divisor would be 10.4, then 9.4 and so on. What this means is that the entire IRA account, all \$3.5 million of it, will have been withdrawn within 10 years."

Karen's mouth gaped open. "You mean that if Bob lives 10 years beyond me, the entire IRA is gone if we name a trust as his beneficiary?"

"Yes. But I'm not done with the bad news yet," I said. "In order for the trust to qualify Bob as an 'identifiable beneficiary' under IRS rules, there are five requirements, one of which is that the trust act as a 'conduit'. What that means is the income that is distributed from the IRA to the trust goes right through the trust to Bob. In other words, there's nothing preserved for Karen's children. Bob has control over all the distributions, even if he doesn't need the entire amount for his living expenses. We could draft provisions that would toggle the trust to an accumulation trust, but when you do that the trust ends up paying the highest marginal tax rate once \$12,750 is accumulated. That's a bad result too."

I added that when a trust is the beneficiary to an IRA, the identifiable beneficiary rules were important to satisfy, otherwise the entire income not yet taxed all becomes taxable in the year following the IRA account owner's death. This is a terrible result because so much of the IRA is lost to income taxes right away, and all of the tax deferred growth is lost as well.

As an aside, in my 30 years of practicing law, I've seen many mistakes when clients name trusts as the beneficiaries to an IRA, often because their financial or legal advisor failed to understand the distribution rules that I explained to Karen and Bob.

There are answers to Bob and Karen's dilemma, although not enough space in today's column for me to review them all. For more information, visit my firm's website at <http://estateprograms.com/explore/tax-efficient/#IRA>.

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Impact Giving To Be Discussed At Council Meeting

The Planned Giving Council of Lee County, Inc. will present Impact Giving from the Perspective of the Donor during a meeting at Blue Coyote Business & Social Club on Thursday, May 23. Networking begins at 11:30 a.m., lunch and program begin at noon.

Guest speaker will be Scott Fischer, CEO and founder of Scott Fischer Enterprises. The event is free to members, while the cost for non-members is \$30 and includes lunch. Reservation deadline is Monday, May 20 at noon.

Donors have always been inclined to give to causes they feel connected to, and a new style of giving is emerging in the philanthropic community called Impact Giving or Impact Philanthropy. The term emphasizes a more personal relationship between donors and the long-term outcome of the causes they choose to support. Impact givers generally take more time to research and strategize who they are giving to, they tend to have a better idea of what they want to accomplish, and they are invested in seeing the impact of their donation.

Scott Fischer, noted entrepreneur and generous philanthropist, knew he wanted to give more back to the community after selling some of his Harley Davidson dealerships. Attendees will hear how Fischer took time to develop a giving strategy focused on



Scott Fischer

photo provided

helping organizations develop long-term sustainability to accomplish their missions. He will share his thoughts on helping organizations refine their strategic plans, the things that matter most to him when he thinks about supporting nonprofits, and how to cultivate supporters who believe their dollars should make a lasting impact on the organizations they support in addition to supporting the annual fund.

Blue Coyote Business & Social Club is located at 9854 Caloosa Yacht and Racquet Club Drive in Fort Myers. To RSVP, visit www.plannedgivinglee.org.✪

Public Relations Professionals Win Image Awards

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) presented 26 awards for excellence in public relations programming and projects at the recent 2019 Local Image Awards dinner that was held at the historic Burroughs Home & Gardens.

Among the awards and winners were:

Award of Distinction and Judges Award for their public service campaign, Millennial Votes Matter – Jennifer J. Edwards, Supervisor of Elections; Heather Doane, APR, voter education coordinator, and Trish Robertson, APR, CPRC, public relations officer for the Collier County Supervisor of Elections Office. They also received a Judges Award and the Grand All Image Award in Division A for their integrated marketing campaign, Collier Votes Local.

Award of Distinction for the community relations campaign Sustainable Outreach Society-Goodness To-Go and the public information campaign, Fort Myers Doughnut Operations Grand Opening – SPIRO & Associates, Marketing, Advertising, Public Relations and Brand Architecture. They also received an Award of Distinction and Judges Award for the public service campaign, Lee BIA Impact Fee Campaign.

Award of Distinction and Judges

Award for the public service campaign, Faces of Hope at Work – CONRIC PR & Marketing. They also received an Image Award and Judges Award for the public affairs campaign, City of Cape Coral GO Bond, and a Judges Award for the public relations program, Madisen's Match.

Image Award and Judges Award for the public service campaign, the Southwest Florida Challenge (#SWFLchallenge) – Albert Arguelles, vice president and Randy Mitchelson, APR, vice president of sales and marketing at iPartnerMedia.

Judges Award for the public information campaign, Lee Health Coconut Point Media Tour – The Lee Health Strategic Communications & Public Relations Department.

Image Award, Judges Award and the Grand Image Award in Division C for the Conservancy of Southwest Florida's Magic Under the Mangroves 2018 Fund-A-Need Video – Priority Marketing and the Conservancy of Southwest Florida.

Award of Distinction and Judges Award for the public affairs campaign, Change for Change: It's About Kids, Not Numbers – Priority Marketing and The School District of Lee County.

Award of Distinction for the Guadalupe Center Video Brochure with Printed Insert – Priority Marketing and the Guadalupe Center.

Image Award and Grand Image Award in Division B for the Area Agency on Aging's 40th Anniversary Milestone News Release – Kirsten O'Donnell, director of communications for the Area Agency on Aging for

continued on page 18

Book Review

Leonardo da Vinci



by Di Saggau

Walter Isaacson's latest biography *Leonardo da Vinci* has been out awhile but my book club just discussed it and really gave it high marks. So I'm passing along

my thoughts. If you are interested in Leonardo and his paintings, chances are high you will love this book. Isaacson draws from thousands of pages from Leonardo's notebooks and new discoveries about his life and work. He produced the two most famous paintings in history *The Last Supper* and the *Mona Lisa*. But he was just as much a man of science and engineering. His ability to stand at the crossroads of the humanities and the sciences made iconic by his drawing of *Vitruvian Man*, made him history's most creative genius. He used to tell people, "I also paint."

Isaacson has written acclaimed bestsellers on Steve Jobs, Albert Einstein and Benjamin Franklin, and his latest biography about the genius of Leonardo is equally if not even more exciting. Leonardo was born out of wedlock, which was not a cause for public shame in the 15th century. It was a time of invention, exploration and the spread of knowledge by new technologies. Leonardo was interested in it all. If he had not been born out of wedlock, he would have been expected to become a notary. Lucky for him, Renaissance Italy was "a golden age for bastards."

Leonardo was at ease being a bit of a misfit: illegitimate, gay, vegetarian,

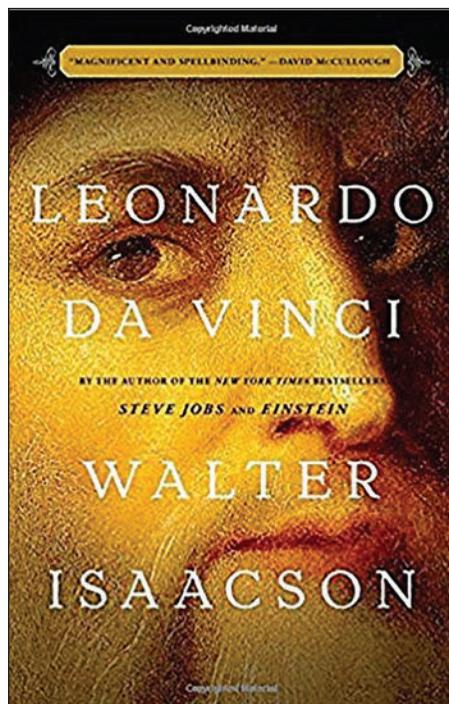


image provided

left-handed, easily distracted and, at times, heretical. He was a flamboyant dresser, with a personality that drew most people to him. But not Michelangelo. These two did not get along at all. He was self-taught with a passion that sometimes became obsessive. He pursued innovative studies of anatomy, fossils, birds, the heart, flying machines, botany, geology and weaponry.

One could say the *Mona Lisa* was his last painting because Leonardo carried it with him until his death making slight changes. He did not do a tremendous amount of paintings because he was such a perfectionist. He was always looking for another stroke to make improvements. The pages in the book are a slick finish to better show all the paintings and drawings. *Leonardo da Vinci* is an astonishing read about an astonishing genius. It will stay in my library for my lifetime.✳

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, This may sound like a strange problem, but I am worried about my 8-year-old daughter who is not drinking enough water at

school. She doesn't get many bathroom breaks at school, and I know that she is hesitant to ask for one, so she limits her water intake. Is this something I should be worried about?

Katie M, Fort Myers Beach

Katie,

Your daughter is not alone. A recent study showed that many American children and teens aren't consuming enough liquids, especially water, and that lack of hydration could affect their

physical and mental health. Study author Erica Kenney, a postdoctoral research fellow in social and behavioral sciences at the Harvard School of Public Health, said in a Harvard news release, "Even though for most of these kids this is not an immediate, dramatic health threat, this is an issue that could really be reducing quality of life and well-being for many, many children and youth, and under-hydration can pose real health risks for children."

"Children can be more susceptible to dehydration than adults," said Nancy Cooperman, who directs public health initiatives at North Shore-LIJ Health System in Great Neck, New York. That, "coupled with an already impaired hydration status, can have physiological problems such as neurological issues, increased demands on their kidneys and heat stroke," she explained. Even mild dehydration can cause headaches, irritability, poor circulation, reduced physical performance and poorer mental functioning.

Another expert wasn't surprised by

the findings. "Lack of water ingestion is a significant issue for America's children, with multiple causes," said Dr. Ron Marino, associate chair of pediatrics at Winthrop-University Hospital in Mineola, New York. "During the school day, access to water may be limited, and many children may even avoid consuming water because they prefer not to use the bathrooms at school," he said. "This may stem from lack of privacy, embarrassment, or even bullying or other risks associated with being in the bathroom," he suggested.

However, "the good news is that this is a public health problem with a simple solution." The study indicated that by increasing water intake by one cup or eight ounces per day, hydration was improved, according to study researchers.

"If we can focus on helping children drink more water -- a low-cost, no-calorie beverage -- we can improve their hydration status, which may allow many children to feel better throughout the day and do better in school," said study senior author Steven Gortmaker, a professor of the practice of health sociology, said in the news release.

Here are some tips for parents to help boost their child's water intake:

"Keep water cold. Add frozen water bottles to a child's lunch pack," she said. The bottles will keep their lunch cold and thaw throughout the day, so they are cool to drink. Cold water tastes better to children than room temperature.

"Don't rely on a child's thirst. Thirst is not a good indicator of hydration." Children need to have access to water throughout the day.

"Try infusing water with fruit (such as oranges), vegetables such as cucumbers, or herbs (such as mint) to give the water a flavor without adding extra sugars.

I would encourage you to discuss this issue with her teacher, as she may not be aware of your daughter's discomfort in asking for a bathroom break. Her teacher may be willing to use a silent signal, like two fingers raised, with your daughter so she could ask to use the bathroom without notifying the entire class. In any case, based on this study's research, it appears that boosting her water intake at home may be enough to keep her hydrated sufficiently.

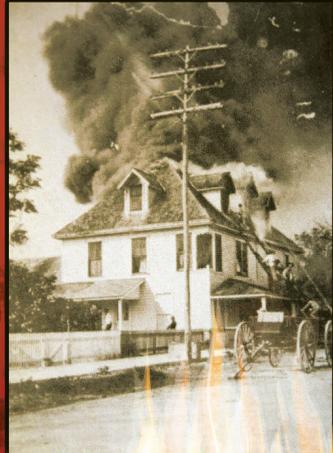
Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✳

Dean's List

Fort Myers native Daryon Smith was named to the Dean's List for the 2019 spring term at Berry College in Mt. Berry, Georgia.✳

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development

THOMAS P. HALL
ROBIN C. TUTHILL, EDITOR

Available at
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"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Financial Focus

Should You Borrow From Your 401(k)?

by Jennifer Basey



If you work for a business that offers a 401(k) plan, consider yourself fortunate, because a 401(k), with its tax advantages and variety of investment options, is a great way to save for retirement. But what

if you need to tap into your plan before you retire? Is it a good idea to borrow from your 401(k)?

To begin with, you need to determine if a loan is even available. You can only borrow from your 401(k) if you're still working for the company that offers the plan, but even so, you'll have to check with your human resources area to determine if loans are allowed. If they are, you'll want to weigh the pros and cons before taking action.

On the "pro" side, it's pretty easy to get a 401(k) loan – there's no formal loan application and no minimum credit score required. Plus, you're only borrowing from yourself, and you can generally repay the loan with automatic paycheck deductions, typically over a five-year period.

However, you'll also encounter some "cons" when taking out a 401(k) loan, particularly concerning taxes. If you had not borrowed from your 401(k), the money you took out could have been growing on a tax-deferred basis, assuming you used pre-tax dollars to fund your plan, and your withdrawals will only be taxed once. But when you borrow from your plan, you will have to repay it, along with interest, with

money you've earned – and been taxed on – and then, when you withdraw it later, you'll pay taxes on it again.

Furthermore, if you leave your employer before fully repaying your loan, the outstanding balance likely will be taxable, although you may have a grace period in which to pay it off and avoid taxes.

And perhaps even more important, taking money from your 401(k), even if you repay it later, will almost certainly slow the growth potential of your account – which, in plain terms, means you may have less money available for retirement.

Of course, if you encounter an emergency, and you have nowhere else to turn, you may need to borrow from your 401(k). And some plans allow hardship withdrawals for medical expenses and other needs, although you'll still be taxed on the amount you withdraw.

But you'd probably be better off if you can prepare, well in advance, for situations in which you need immediate access to a sizable sum. One way of doing this is to build an emergency fund containing six months' to a year's worth of living expenses, with the money kept in a liquid, low-risk account. You also might find some resources in the part of your investment portfolio held outside your 401(k). For example, you can always withdraw contributions to a Roth IRA without incurring taxes (although the earnings on these contributions could be taxable if you take the money out before you're age 59 ½ and you've had your account less than five years).

In any case, you work hard to build your 401(k) – so, no matter where you are in life, think carefully about how you will use the money.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Cypress Cove Program Open To Dependents

Cypress Cove at HealthPark Florida's two-year old employee educational scholarship program is now open to dependents of qualified employees. This continues the program's rapid growth, which includes the addition of six named and two endowed scholarships in the past six months.

Most recently added to the semi-annual award offerings are named scholarships gifted as the Don and Jane King Scholarship, the Sheppard Memorial Scholarship and an endowed gift – the Bert and Joanie Jenks Scholarship for Persistence.

The new scholarships, says Cypress Cove Philanthropy Specialist Allen Abbott, raises the program's principle gifted amount to over \$300,000. Since beginning in June of 2017, the life plan community's resident-based program has provided 22 Cypress Cove employees with scholarship assistance to aid in their advanced educational learning.

"The program," explains Cypress Cove Executive Director Michele Wasserlauf, "will assist in easing some of the financial burden incurred by employees enrolled in continuing education classes. This program also compliments an already successful employee tuition reimbursement program that has existed at Cypress Cove since 2006."

Wasserlauf was equally excited about the decision to offer scholarship application opportunities to dependents of qualified employees. "It most certainly provides our employees with an added incentive and benefit bonus. We are very pleased how quickly our program has grown and quite thankful to the unbelievable support shown by our residents."

Over 400 full and part-time employees work at the 48-acre Life Plan community. Many of these employees have or are actively pursuing advanced educational studies at trade schools or local colleges and universities.

Cypress Cove at HealthPark Florida is located at 10200 Cypress Cove Drive. For more information, visit www.cypresscoveliving.org.*

Superior Interiors

Decorating Tips For Small Condos

by Jeanie Tinch



It's been years since you've given your vacation condo a revamp. Now's the time to change things up, but you're at a loss for inspiration. Don't let the idea of fixing up a small

space get in the way of making things happen. You might have less room to work with, but that just allows you to channel your focus on attention to detail and making precise finishing touches.

Divide the space – Don't let the open floor plan fool you. You're not stuck with it. There are plenty of ways to divide up the space. For instance, placing coat and shoe racks adjacent to the door to round out the entryway. Floating your sofa instead of placing it against a wall is another simple way to define a line between the areas.

Invest in multi-purpose furniture – Why clutter your space with too much furniture when you can find pieces that are multi-functional? The last thing you

want to do is over-crowd your condo and make it look smaller. You can exchange your oversized sectional for a sofa that functions also as a pull-out bed. Storage ottomans make excellent foot rests and offer ample space to store games.

Stick to a light color palette – Soft, neutral hues will open your space up. A design professional can help you choose a light color palette and focus on three shades. This keeps you from over-exaggerating with colors, a minimalist approach if you will. If you feel like something's missing, keep things interesting by decorating with one dark, deep accent color.

Accessorize with floating shelves as they are both functional and trendy – There's no need to clutter the floors with decor. Your walls are an open canvas for artwork, shelving and other decorations. Take advantage of them! Using floating wall shelves will allow you to keep your items in order and add character to your condo's decor.

Dress the windows with long drapery – Looking for an easy way to make your room look taller? Hang the drapery from the ceiling, not the windows. There are many options whether contemporary, traditional, or transitional in style to make a statement and maximize light into your space.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindcedden.com.**

From page 16

Image Awards

Southwest Florida.

Judges Award for the LCEC Website project – The Lee County Electric Cooperative (LCEC) and SPIRO & Associates.

Award of Distinction and Judges Award for the public relations campaign, A New Chapter in FGCU Pages – Fabiano Solano, former communications director for the FPRA FGCU student chapter, for student projects in public relations.

Each year, the Southwest Florida Chapter of FPRA also presents awards to recognize outstanding members of its chapter. This year's winners include:

Krista Kihlander, past president of the FPRA FGCU student chapter, received the inaugural Pam Nulman Soaring Eagle PR Award that recognizes student leaders in public relations (PR).

Niki Mann, business development manager for Safilo and public relations intern for American Shore & Beach Preservation Association, received the 2019 Rising Star Award that is presented to an up-and-coming leader in the chapter who shows enthusiasm and passion for the PR profession.

Victoria Moreland, director of communications and marketing for the Lee County Port Authority, received the 2019 Unsung Hero Award, which recognize the contributions of a chapter member for their hard work and dedication to the chapter and the

profession 'behind the scenes.'

Tiffany Esposito, MBA, APR, president and CEO of the Bonita Springs Area Chamber of Commerce, received the 2019 PR Professional of the Year Award, which honors a member who exemplifies the high standards of the public relations profession in Southwest Florida.

Trish Robertson, APR, CPRC, public relations officer for the Collier County Supervisor of Elections Office and Jaimie Miller, APR, vice president of marketing for CONRIC PR & Marketing, each won the 2019 Member of the Year Award. This award recognizes members who go above and beyond in their commitment of time and energy to ensure the success of the chapter.

Pam Nulman, APR, CPRC, recently retired FGCU professor, was honored with the Lifetime Achievement Award, which is reserved for public relations professionals who have dedicated their career to the profession and the advancement of it. This award is only given when there is someone eligible.

The Florida Public Relations Association is dedicated to developing public relations practitioners who, through ethical and standardized practices, enhance the public relations profession in Florida. The organization's 15 professional and 12 student chapters provide professional development, networking and recognition opportunities for nearly 1,500 members across the state.

For more information, visit www.fpra.org.*

Cypress Cove Names Manager

Ammie Black was recently named human resources manager for the life plan community of Cypress Cove at HealthPark Florida.

A former associate in their human resources department for the past six years, Black is responsible for the community's daily operations of the human resource office and providing management of employee relations, recruitment, retention, professional development, performance management, state and federal compliance, managerial support, workers' compensation and conflict management.

Black holds a bachelor's degree in human resources and organizational development from Rasmussen College and is dual-certified as a professional in human resources through the HR Certification Institute as well as the Society for Human



Ammie Black photo provided
Resource Management. She brings over 17 years of human resources experience to her new role.✽

provide care to the sick or disabled.

I worry most about caregivers. The rendering of these services can take its toll on the caregiver's physical health, mental health, personal finances, job performance and opportunity, and familial relationships. A MetLife study estimated just the monetary loss to the caregiver over time to exceed a half-million dollars.

Eventually, the needs become too demanding or require so much professional care that a nursing home is required. How can a person prepare for the need for professional LTC? Some people choose to or are forced to go the Medicaid route for their care. But for this, they have to spend virtually all their assets and thus be impoverished to qualify. For others who are insurable and can afford it, buy insurance:

A stand-alone LTC policy can be obtained. This can provide benefits for either paid home-health care or nursing-home care for a selected length of time. The major shortcoming of this approach is that, if one pays the premium for years and years but never needs to collect a benefit, then all the premium dollars will have been wasted. It is a use-it-or-lose-it proposition.

An annuity can be purchased that can have LTC benefit built in. The covered benefits can be the same as for the stand-alone policy. If one never collects on the LTC benefit, the cash value of the annuity can be used for retirement income or for a bequest to a beneficiary after death. This is not use-it-or-lose-it.

The best choice in my opinion is a life-insurance policy with a LTC benefit attached for a modest added cost. It too covers the same events as the stand-alone policy. This policy makes available as much as the full death benefit, not just the cash value, if needed for LTC. So, someone will get the full benefit: either the insured for LTC needs, the beneficiary as a death benefit, or part to each. This is not use-it-or-lose-it.

The best way to sort through all this is to speak with an experienced agent who comes upon high recommendation from someone you trust.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.✽

Life Insurance

Facts And Solution For Long-Term Care



J. Brendan Ryan,
CLU, ChFC, MSFS

At the risk of causing my readers factoid fatigue, here is some data about aging and long-term care that should help readers focus on the problem and ideally lead them to

addressing it:

We are living longer. According to the Kaiser Family Foundation, by the year 2050, there will be four times as many people in their 90s and above as there are today.

By that time, seniors age 65 and older will more than double to 81 million.

Last year chronic disease – diseases that persist over a long period of time, such as diabetes, emphysema and arthritis – cost us \$2.3 trillion. Ninety-five percent of seniors' healthcare costs are attributed to chronic disease. So, as we live longer, the incidence and cost of chronic disease will rise.

Many of the nation's seniors need long-term care today. As the legions of middle-age people become senior citizens in the future, the demands on our care system and the mechanisms for payment for that care system will grow to the breaking point. Some more data:

Today, nine million people require long-term care (LTC) outside the home today. Of those, 40 percent are considered poor or near-poor, which suggests a huge burden on the Medicaid system that will be called upon to care for these people, mostly in nursing homes.

By the year 2020, that number is expected to grow to 12 million.

The likelihood of people over age 65 of meeting the criteria for LTC at some point in their lives is 68 percent.

Tens of millions of nonpaid caregivers

Hodges University Names Officer For Academic Affairs

Dr. Marie Collins has been named the senior vice president of Academic Affairs for Hodges University. In this position, she will help oversee the academic aspects of the university, including the development and implementation of enhancing existing courses and degrees, in addition to launching new programs.

"Dr. Collins is exceptionally knowledgeable about maintaining a high standard of academic leadership and excellence," said Dr. John Meyer, president, Hodges University. "She has demonstrated her expertise by her ability to work with our program chairs, directors and deans, and takes a proactive approach in ensuring that the courses and degrees we offer remain of the highest quality."

Dr. Collins joined Hodges University in August 2018 as the senior director of program development in the school of health sciences. She brings over 20 years of expertise, which includes holding positions as a full professor with tenure, department chair, course director, interim associate dean and dean.

Dr. Collins served as a national consultant for the commission on dental accreditation for five years, conducting dental hygiene program site visits across the nation. She has been an active reviewer on the editorial review board for the *Journal of Dental Hygiene* for



Dr. Marie Collins photo provided

over eight years. Dr. Collins has been a keynote speaker and presented her research findings at several state and national conferences. Her refereed professional publications include several abstracts, journal articles and textbook chapters on various higher education issues, dental and medical topics. In September 2017, Dr. Collins served as a program reviewer at the Becker's Hospital Review 3rd Annual Health Conference.

Dr. Collins is a member of the Florida Gulf Coast University Advisory Council for the doctor of nurse practice program. She proudly serves as chairperson on the board of directors for the Quality Life Center of Southwest Florida, Inc.✽

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Attorneys at Law



9100 College Pointe Court
Fort Myers, FL 33919
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The No-Hitter: Is It A Dying Art?



by Howard Prager

I marveled at Mike Fiers' no-hitter last week for the Oakland A's, the first of 2019, especially after a 98-minute technical delay to the game. It was MLB's 300th no-hitter (qualifications

for a no hitter were changed in 1991 so that only complete games were allowed), and Mike joined rarified company as one of only seven pitchers who have thrown no-hitters for two different teams.

What makes this more amazing is three things: 1) the lack of complete games by pitchers today, 2) the fact that Michael Fiers, no household name, is a journeyman pitcher, not a perennial all-star, and 3) what I believe is the rise of better defense.

I'll conclude with some fun facts about no-hitters.

First, the lack of complete games. Today, managers watch pitch counts like hawks. Whatever number they set, it is rare when a pitcher talks their way out of being removed from a game due to pitch count. Yu Darvish, who has not exactly been performing for the Cubs the way they expected, was removed from a game this week after giving up only one run and pitching only four innings – not close to a complete game. Why? He had thrown over 100 pitches. According to the Sports bible, Forbes (I told you I was a business consultant), "For teams in the current era, having a pitcher work as deep as the seventh, eighth or ninth inning is a huge bonus. A deep and strong bullpen has become the most desired weapon in the majors since pitch counts and inning limitations have become the norm for monitoring starters. That's the way the game is played now, and we may soon see the complete game become extinct – except for a dominating no-hit or shutout performance... but then again, they too may become a vanishing act." Fiers had 109 pitches through 7 innings. His manager, Bob Melvin told him if he yielded another baserunner, he would be pulled. He didn't. A 131-pitch masterpiece. Call me old-fashioned but

I still like pitchers throwing complete games and hitting. It seems to me, without that, the game is not the same. If you're putting in fresh flamethrower after flamethrower, hitters don't have a chance to "learn" the pitcher during the game and try to beat their best pitch. So they are forever facing fresh arms.

Second, what a rarity to see Mike Fiers in the highlight reels. He had an ERA of 4.11 and averaged 8.7 hits per nine innings going into the game. A lackluster career. A .500 pitcher with a record of 57-58 over nine seasons and 4 four teams. Now he has two complete games in his career. I've always said anything is possible, and here it is not once but twice.

Third, to me defenses have improved greatly. I don't recall seeing so many home runs "stolen" by such incredible leaping and pulling balls back from going out of the park. There have always been players with great running and catching ability – Willie Mays, Roberto Clemente, and so many others. But the pulling back a ball going out of the park so frequently – I can't recall that. And unbelievable shortstops like Javy Baez of the Cubs and Andrelton Simmons of the Angels make incredible plays routinely and so many others are

valued for their defense. And equipment (gloves) and tactics (shifting) are more effective. In fact, the shift happens to multiple players during the game. Team defense is definitely getting more attention. There were two defensive gems that preserved the hard work of Fiers in his no-hitter win. How do they put that in the scrapbook?

Finally, here are a few no-hitter stats. First no-hitter: 1876 by George Bradley of the St. Louis Browns with a win-loss record that season of 45-19. He also pitched seven no-hit innings into his next game. Nolan Ryan threw seven of them. The best ones? Don Larsen's World Series perfecto in 1956, Addie Joss' 1908 classic that nearly gave Cleveland the AL pennant, Roy Halladay's no-hitter in the 2010 NLDS, Sandy Koufax's fourth no-hitter, a perfect game against the Cubs in 1965. Like much of baseball, this is a great hot stove topic.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com. ✨

Bring Your Dog To Bark In The Park This Saturday

The Fort Myers Miracle will be allowing dogs in the ballpark for free with a ticket-carrying owner this Saturday, May 18. The Miracle are hosting the St. Lucie Mets at Hammond Stadium for a 6 p.m. start.

Bark in the Park is pet friendly and sponsored by Lee County Domestic Animal Services. LCDAS will have staff members and several adoptable dogs at the game. They will offer information to pet lovers about the agency's adoption process.

The Fort Myers Miracle will offer Bark in the Park each Saturday they

are playing at home. After May 18, the pet-friendly events fall on June 8 and June 29.

Other promotions this Saturday include a job fair presented by Alorica from 4 to 6 p.m.; Military Appreciation Night, where all active and retired and their families receive free admission with valid ID; and Roger Dorn Appearance, where you can meet Corbin Bernsen, who played Roger Dorn in the movie *Major League* and receive a Miracle Roger Dorn jersey T-shirt if you are one of the first 500 fans to enter the stadium.

For more information on the Miracle, visit www.milb.com/fort-myers. For more information on LCDAS, visit www.LeeLostPets.com or call 533-7387. ✨

Graduation Ceremonies To Stream Live

High school graduation weekend is fast approaching, and once again families not able to attend the ceremony can view them online. For the sixth straight year, the School District of Lee County will stream the ceremony of its 13 high schools with graduating seniors. The links are available through the district website at www.leeschools.net/graduation.

The high schools are using Suncoast Arena at FSW, Alico Arena at FGCU and Hertz Arena in Estero for their graduation ceremonies on the weekend of May 18 and 19. The schedule is as follows:

Saturday, May 18:

at Alico Arena (12181 FGCU Lake Parkway East, Fort Myers)
Estero High School – 10 a.m.
Lehigh Senior High School – 2:30 p.m.
North Fort Myers High School – 7 p.m.
at Hertz Arena (11000 Everblades Parkway, Estero)
South Fort Myers High School – 10 a.m.
Dunbar High School – 2:30 p.m.
East Lee County High School – 7 p.m.
at Suncoast Arena at FSW (8099 College Parkway, Fort Myers)
Mariner High School – 10 a.m.
Cape Coral High School – 2:30 p.m.
Cypress Lake High School – 7 p.m.

Sunday, May 19:

at Alico Arena (12181 FGCU Lake



Graduates photo provided

Parkway East, Fort Myers)
Island Coast High School – 2:30 p.m.

Ida S. Baker High School – 7 p.m.
at Hertz Arena (11000 Everblades Pkwy, Estero)

Riverdale High School – 2:30 p.m.
Fort Myers High School – 7 p.m.

Also, on Sunday May 19th, Lee Virtual School is holding its graduation ceremony at 2 p.m. at the Cape Coral Yacht Club, 5819 Driftwood Parkway in Cape Coral. The graduation for students in Adult Education is at 2:30 p.m. at Fort Myers High School, 2635 Cortez Boulevard in Fort Myers.

The first graduation ceremony was at Buckingham Exceptional Center on May 11. Twelve students were honored with their degrees.

Graduation rates in the School District of Lee County have never been higher. The Class of 2018 improved 4.1 percent from the year before to an overall rate of 82.8 percent. The rate of African American students graduating increased by little over 6 percent, the English language learners rate increased by 4.5 percent and the exceptional student education rate increased by 16.6 percent. ✨

SPORTS QUIZ

- Six pitchers have won an MVP Award in major-league baseball since 1972. Name three of them.
- Barry Bonds (762), Babe Ruth (714) and Ken Griffey Jr. (630) are the top three left-handed hitters on the career home run list in major-league baseball. Who is No. 4?
- When was the last time before 2015-16 that the Washington Redskins had back-to-back winning seasons?
- Name the first player in Kansas State men's basketball history to have at least 1,000 points, 500 rebounds, 300 assists and 100 steals for a career.
- In 2019, Colorado's Gabriel Landeskog became the second player in the 2011 NHL draft class to reach the 400-point mark for his career. Who was the first from that class to do it?
- Gwen Jorgensen, in 2016, became the first U.S. woman to win an Olympic gold medal in the triathlon. Who was the only other U.S. female athlete to win a medal in the triathlon?
- Which two golfers have won the PGA's Pebble Beach Pro-Am the most times?

ANSWERS

1. Rollie Fingers (1981), Willie Hernandez ('84), Roger Clemens ('86), Dennis Eckersley ('92).
Justin Verlander (2011) and Clayton Kershaw ('14). 2. Jim Thome, with 612 home runs. 3. It was 1996-97. 4. Wes Iwundu (2013-17). 5. Tampa Bay's Nikita Kucherov. 6. Susan Williams won a bronze medal in 2004. 7. Mark O'Meara and Phil Mickelson each won it five times.

Planned Giving Symposium At FGCU Nears

The Planned Giving Council (PGC) of Lee County will present the 2019 Planned Giving Symposium at Florida Southwestern State College (FGCU) on Thursday, June 6 from 8 a.m. to 3 p.m.

Keynote speaker is Dana J. Holt, JD RICP AEP, a charitable gift planning educator and coach, from HOLT Consulting. She will present *Turning Wealth Into What Matters*.

Holt will provide a day's immersion in how to:

Unlock donors' wealth by understanding how assets work

Uncover countless more gift opportunities by understanding how non-cash gifts coincide with specific life events

Commit to growth and define exciting new growth goals

Implement new found knowledge and reap the rewards

"Only 10 percent of America's wealth is held in cash, the rest of our wealth happily spends its days living as things like real estate, life insurance, retirement accounts and other interesting assets," said Holt. "Even though that's where the real money is, charities constantly 'chase the checkbook' for donations and donors focus on giving from their checking accounts rather than the other 90 percent of their assets. Through the *Turning Wealth Into What Matters* program, organizations will learn exactly what they need to know to spot big giving opportunities that have been passing them by."

"Dana Holt is a dynamic, engaging, and entertaining speaker with two decades of hands-on client experience," said Trevor Whitley, president of The Planned Giving Council of Lee County. "This is an excellent opportunity for non-profit professionals, board members, volunteers, and community leaders to have an engaging day of education and networking."

Holt teaches fundraisers how to raise millions more by accessing wealth, not



Dana Holt photo provided

just cash – and teaches advisors how to grow their practice with the power of philanthropic planning. Before starting HOLT Consulting, Holt began her career as an estate planning attorney and then spent 13 years at a Fortune 300 financial services company. There, she helped advisors all over the U.S. with their most complex cases and taught them how to integrate charitable planning into their practice. Now she focuses exclusively on teaching charitable planning through professional speaking and her first-of-its-kind coaching program. Dana is a graduate of Mitchell Hamline School of Law and Southern Illinois University.

Sponsors include Florida SouthWestern State College, Hughes, Snell and Co., PA, Myers Brettholtz and Co., PA, Certified Fund Raising Executive and Hope Healthcare Services. Additional sponsorship opportunities are available.

Early bird registration is \$50 until May 25. After May 25, registration is \$60. Registration fee includes continental breakfast and lunch. To register, visit www.plannedgivinglee.org.

FGCU is located at 10501 FGCU Boulevard South in Fort Myers. For more information, visit www.plannedgivinglee.org or call 850-0040.*

Lee Republican Women To Meet

Lee Republican Women Federated will hold its June dinner meeting at Pinchers – The Marina at Edison Ford on Monday, June 10. Social begins at 5:15 p.m., followed by the dinner and program. Cost is \$25.

Retired Maj. Gen. James L. Dozier will be the guest speaker. He has a master of science degree in aerospace engineering and served 35 years in the military with the U.S. Army and NATO.

The Arcadia native was awarded the Silver Star for heroism and the Purple Heart for wounds received in Vietnam. He now serves as an anti-terrorism consultant to various government and private agencies.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. For more information or to RSVP, visit www.leerepublicanwomen.com or contact Wren Morefield at



Gen. James Dozier photo provided
270-210-1284 or wrenspet@hotmail.com before June 6 at noon.*

Gulf Coast Writers To Meet In June

The Gulf Coast Writers Association will hold a meeting at Zion Lutheran Church on Saturday, June 15 from 10 a.m. to noon.

Guest speaker Jill Jennings will explain how location can influence your writing. Jennings has won numerous awards for

her writing. Her third book *Pineapple Wine: Poems of Maui* was inspired by the year she lived in Kihei, Maui. Whether you're looking for inspiration or just want to get out and meet some like-minded people, come see what we're about. First time guests are free, so bring a friend.

Zion Lutheran Church is located at 7401 Winkler Road in Fort Myers. For more information, call 770-906-7885 or visit www.gulfwriters.org.*

From page 1

Runway

designer specializing in bridal, eveningwear, couture looks, custom celebrity looks and one-of-a-kind spectacular detailed looks. For more information, visit www.usamaishtay.com.

Lopez presents mod haute couture seen at New York Fashion Week and American Fashion Week. From an early age, he learned the intricacies of design from the hands of his grandmother while growing up in the Dominican Republic. She was his mentor and inspiration for learning needlework and pursuing his interest in the world of design and fashion. He mimicked her taste, style and delicacy when making clothes for well-known celebrities.

Victor Lopez Designs captures attention on the biggest red carpets in the world, like the Cannes Film Festival. For more information, visit www.victorlopezdesigns.com.

In addition, experience an incredible body art performance piece from Elements of Body Art.

The International Couture Fashion show is sponsored by BMW of Fort Myers, iHeart & Y100, Paul Mitchell School, Planned Perfection, All About Closets and Sol Productions.

Cost is \$40 per person in advance or \$45 the day of the show.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information or tickets, visit www.sbdac.com or call 333-1933.*

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Pastor Thom Shafer and Michael Hingson



Ron Inge and Robbie Roepstorff



James Dozier and James Bing

Prayer Breakfast Draws 1,425 To Hear Message

The 2019 Community Prayer Breakfast drew 1,425 people to City of Palms Park in Fort Myers, where attendees heard messages of love, respect and unity.

The Community Prayer Breakfast is a Southwest Florida tradition that began in 1988 to recognize the National Day of Prayer, a time when individuals of all faiths join together in unified prayer for continued blessings on the nation. This year's theme was Love One Another, and keynote speaker Michael Hingson noted attendees might be Jewish, Muslim or Christian, but they still share many of the same goals, hopes and dreams.

"We all came from the same God," Hingson said. "We are all together."

Hingson recounted his inspirational story of surviving the September 11 attacks on the World Trade Center with the help of his guide dog, Roselle. Hingson was on the 78th floor of Tower 1 when the building was rocked by an explosion, and he joined Hingson and dozens of others who fled down a stairwell to safety, escaping just before Tower 2 collapsed.

Blind since birth, Hingson said he was taught as a child to "deal with the situation the best you can," and that advice



Front row from left, Leni Sack, Nicole Luna, Jim Harper and Ray Buchanon; back row from left, Marc Sack and Israel Suarez

has stuck with him as others doubted his abilities over the years. The best-selling author and motivational speaker is CEO of the Do More Foundation, the nonprofit arm of a company that manufactures assistive technology.

"Blindness isn't the problem," Hingson said. "It's our perception of blindness that's the problem."

Coordinated by Cypress Lake United Methodist Church, the Community Prayer

Breakfast is underwritten by more than 50 generous corporate and individual sponsors, and the event featured prayers and scripture readings by a panel of distinguished multi-denominational leaders. Attendees also went around their respective tables to say prayers for each other.

Fort Myers Mayor Randy Henderson, who emceed the event, likened the impact of prayer to that of calisthenics' impact on the body, or the influence of studying on the brain.

"Prayer strengthens a nation and its



Michael Hingson, explaining his exit from the World Trade Center

people," said Henderson, adding that America's founders placed a high value on prayer and religion.

The Community Prayer Breakfast is among hundreds of local observances held on the National Day of Prayer, which encouraged all Americans to pray for the country and each other. That's critically important, Hingson said, to accomplish any common goals.

"We need to respect each other," Hingson said. "We need to recognize all of us here are working together." ✠



From left, Randy Henderson, Joseph Gabriel and Thom Shafer



Community Prayer Breakfast audience



Gorovoy MD Eye Specialists group members

photos provided

Lighthouse Of SWFL Fundraiser For Blind Services

Lighthouse of SWFL raised over \$47,000 at the 9th annual Dining in the Dark: Bourbon Street Blues fundraiser for the nonprofit organization. The annual event was held on April 27 at the Southwest Florida Community Foundation's Collaboratory.

More than 110 attendees enjoyed bourbon tasting, jazz music, hors

d'oeuvres, silent auctions and raffles, as well as Bourbon Street revelry throughout the themed affair. In true "Second Line" fashion, the Dixielanders Jazz Band led the guests into the dining room where they dined on New Orleans style gumbo, while blindfolded. NBC2 news anchors Stacey Deffenbaugh and Jason Dunning emceed the evening while local celebrity Jay Severson conducted the live auction.

"Dining in the Dark is a unique, sensory awareness, culinary event which gives guests the opportunity to experience challenges of living with major vision loss," said Amy Turner,



Participants dined blindfolded to experience the challenges of living with vision loss

community relations coordinator. "The funds raised from Dining in the Dark allow our agency to provide the necessary skills and training to people with blindness and vision impairment to help live a life of independence. We wish to sincerely thank our supporters for helping make this event such a success."

Gorovoy MD Eye Specialists was the Premier Jazz Sponsor of the event. Other major sponsors included Schlager Schlager & Levin and the Southwest Florida Optometric Association.

Lighthouse of SWFL is a United

Way partner agency serving individuals with blindness and vision impairment in Lee, Glades and Hendry counties. The mission of the Lighthouse of SWFL is to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in society. Lighthouse of SWFL, a nationally accredited agency, is funded by the Division of Blind Services, United Way, Lee County Government and other private donors.

For more information about Lighthouse of SWFL, visit www.lighthouseswfl.org or call 997-7797.✧

Child Advocate Of The Year Awarded

Golisano Children's Hospital of Southwest Florida has awarded Piedade Silva, MD, a pediatrician with Lee Physician Group (LPG), the 2019 Prendergast Family Child Advocacy Award. This award recognizes her passion and commitment to helping and healing the children of Southwest Florida. Dr. Silva received the award ahead of the Golisano Children's Hospital of Southwest Florida annual pediatric conference held at Sanibel Harbour Marriot Resort & Spa on April 13.

"Dr. Silva has been a dedicated advocate for pediatric health and a passionate provider for more than 25 years. We are extremely grateful for her contributions, and this award recognizes her tireless work to ensure children receive the best possible care within Lee Health and across our community," said Dr. Emad Salman, regional medical officer of Golisano Children's Services.

Recently, Dr. Silva has been instrumental in making Lee Health facilities more accessible to patients with asthma. In February, four LPG primary care clinics became the first pediatric outpatient offices in the state designated platinum-level "Asthma-Friendly" by the Florida Asthma Coalition (FAC). This is the highest level of recognition the



From left, Lee Physician Group Chief Administrative Officer Kris Fay, Dr. Piedad Silva and Golisano Children's Hospital of Southwest Florida Regional Medical Officer Dr. Emad Salman

photo provided

coalition awards and highlights outpatient centers that create a safe and healthy environment for patients with asthma.

Last year, the FAC designated Golisano Children's Hospital of Southwest Florida as the fourth "Asthma-Friendly" hospital in the state. Dr. Silva also served on the board of directors for the Bonita Springs YMCA for several

years and was an active member of the Children's Medical Services cleft palate program.

In 2005, Eileen Prendergast and her family gave the community "a million reasons" to help children in Southwest Florida when they made a \$1 million gift to establish the Prendergast Endowment Fund for the Golisano Children's Hospital

of Southwest Florida's Child Advocacy Program and the annual Prendergast Child Advocate of the Year recognition. The program features free parenting classes taught in partnership with the Children's Advocacy Center of Southwest Florida to prevent child abuse. These classes have touched the lives of more than 7,500 parents in the Southwest Florida region.✧

From page 1

Broadway Palm

Disney's *Beauty and the Beast*, *The Little Mermaid*, *Newsies* and *Aladdin*.

Nerdy floral shop worker Seymour will do anything to gain the love of his co-worker, Audrey. The depth of his desire is tested when he stumbles across a strange new breed of plant. This sassy, R&B-singing plant promises everlasting fame and fortune – as long as Seymour keeps feeding it its special diet. Between bites, the plant brings down the house with 1960s-style rock and roll, doo-wop and Motown including *Suddenly*, *Seymour*; *Somewhere That's Green* and the title song, *Little Shop of Horrors*.

Performances are Wednesday through Sunday evenings with selected matinees. Tickets are \$45 to \$70 with group prices available.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. Tickets can be reserved by calling 278-4422, visiting www.broadwaypalm.com or in person at the box office.✧

dearRPharmacist

Five Reasons Why You Should Take Selenium



by Suzy Cohen, RPh

Dear Readers: The Greek word “selene” means moon, and that’s where the trace mineral selenium gets its name. The most interesting part of selenium is that it’s sometimes used in dyes and paints to

color things red.

Plants growing on Earth take up selenium into their roots. They get it from the soil and then it’s put into the food chain, and we obtain it through diet. Selenomethionine is a high-quality form of selenium that is also the main form of selenium occurring in Brazil nuts, cereal grains and soybeans. Why would anyone want more selenium?

The main reason would be selenium’s powerful antioxidant properties. It helps neutralize free radicals by making two special detoxification enzymes: Catalase and Glutathione. Both of those enzymes are major players in terms of detoxification. You’d die within minutes without them.

But there are five other mind-blowing reasons you should consider selenium:

1. Selenium helps with breast cancer – Aside from selenium being a strong antioxidant, which is useful in cancer situation, there is new research published in the journal *Nutrients* (May 2019). Apparently, selenium is capable of alleviating lymphedema, commonly associated with breast cancer. Lymphedema simply refers to the swelling that occurs in the arms and legs. Seventy-five percent of participants showed lymphedema improvement in just two weeks.

2. Selenium helps with the brain – The ability to neutralize oxidants that attack the brain helps reduce your personal risk of cognitive decline. Several selenium-derived proteins termed “selenoproteins” are expressed in brain. We also know that both detoxification enzymes, glutathione and catalase, are present in glial cells. Glial cells feed and protect nerve cells. Selenium is needed to keep those glial cells healthy.

3. Selenium helps control hemochromatosis – A genetic condition, overload of iron (hemochromatosis) is sometimes misdiagnosed and inadequately treated. Iron concentrations were slightly higher (up to 2 ½ times higher) in selenium deficient rodents. The “Transferrin Saturation” with iron was almost twice as high in selenium deficient rodents, compared to those with normal levels of selenium.

4. Selenium helps make thyroid hormone – Selenium has been shown in several clinical trials over the past few decades to slow the progression of, and reduce symptoms of, thyroid illness. It’s needed for the enzymes that convert inactive thyroxine T4 to biologically active T3, and it’s needed to reduce TPO antibodies. Also, selenium might help with Graves’ eye problems, termed orbitopathy.

5. Selenium for PCOS – Selenium has insulin-like properties, which means it can help with Polycystic Ovary Syndrome or PCOS. A new article published in the journal *Molecules* (April 2019) suggests it may help with insulin resistance. There’s a definite correlation between low selenium leading to hypothyroidism, then leading to PCOS. Labs don’t usually pick this disorder up. Grab a copy of my best-seller *Thyroid Healthy* to learn more about thyroid conditions. And if you’d like more information on selenium, PCOS or dosing information, just sign up for my free newsletter at www.suzycohen.com, and I’ll send you the longer version of this article next week.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Workshops For Family Caregivers

The Area Agency on Aging for Southwest Florida (AAASWFL) is partnering with Home Instead Senior Care to offer a free six-week program at Home Instead Senior Care beginning Thursday, May 23 and continuing on Thursdays through June 27 from 10 to 11:30 a.m.

Powerful Tools for Caregivers is designed to help family caregivers take care of themselves while also caring for a loved one with an illness or disability. Class size is limited and advance registration is required.

Caring for a loved one can be demanding, stressful, and a strain on physical health. Caregivers often sacrifice their own health and well-being while caring for a partner or family member. As a result, family caregivers experience higher than average rates of depression, chronic illness, sleep deprivation and poor nutrition.

Powerful Tools for Caregivers is an evidence-based program that has been shown to improve self-care, reduce emotional strain and increase confidence among participants. Workshop attendees also learn about community resources that may provide additional assistance. The Cape Coral workshops are led by two certified Powerful Tools for Caregivers class leaders.

Funding for Powerful Tools for Caregivers is provided by a grant for disease prevention and health promotion under the Federal Older Americans Act, Title IIID, through the Florida Department of Elder Affairs. In addition to Powerful Tools for Caregivers, AAASWFL also offers wellness classes for older adults that are focused on balance, fall prevention and arthritis-friendly exercise.

Home Instead Senior Care is located at 1505 SE 40th Street, Suite C, in Cape Coral. For more information or to register, contact Sherry Young at the AAASWFL Elder Helpline at 866-413-5337 (41-ELDER) or sherry.young@aaaswfl.org or visit www.aaaswfl.org. ✨

School Nurse Of The Year Selected

Gwen Boyd, nurse at North Fort Myers Middle Academy for the Arts, was selected as the School District of Lee County’s Nurse of the Year. Her service to her school and students is considered “priceless.”

“Ms. Boyd’s caring attitude promotes trust with the student population and any students feel it is very easy to come and share problems with her,” said Principal Dr. Thomas Millins. “Ms. Boyd is very aware of our students in need and always handles situations with them with the utmost discretion. I believe the students at the academy are better equipped to concentrate on their studies and activities because Ms. Boyd makes them feel safe and valued.”

Boyd is more than just a nurse to the school. She schedules the blood mobile, partners with the Red Cross to provide food for people in the Suncoast community, coordinates with the Harry Chapin Food Bank to visit the school on multiple days to provide food for student’s families and helps with fundraisers.

“I am overwhelmingly grateful and fortunate,” Boyd said in reaction to being chosen Nurse of the Year. “Grateful to my administration for the recognition, and fortunate to work with them, the staff at North Fort Myers Academy for the Arts, and my fellow



Gwen Boyd photo provided

district school nurses, who all go above and beyond for our students every day. Working with students is like riding a roller coaster, smiling faces, band aids, and funny stories one minute, emergencies and stories that will break your heart the next. It’s a privilege to be able to help where I can.”

Boyd was surprised with the honor earlier this week by district and school staff. ✨

Doctor and Dietician

Exercise And Knee Pain



by Ross Hauser, MD and Marion Hauser, MS, RD

One of the best things you can do for your knees is to keep moving. The way to nourish any joint, including the knee, is to move it. Joints need motion. If you are cycling or using an exercise bike, low resistance is ideal. Keep the resistance low and cycle at a higher cadence, versus cycling at a lower cadence with higher resistance. There is no need to feel like you are trying to move through sand if your goal is fun, low-impact exercise.

Swimming, aqua jogging and Pilates are other wonderful ways to preserve and improve knee function, especially if you have a history of knee pain. Balance work is beneficial for everyone,

and especially during the rehabilitation of a joint. It can be as simple as standing on one leg, doing one-legged mini-squats, or balancing on discs. The general guidelines for exercise is to not aggravate the pain. Exercise should make achy joints feel better. It should not cause sharp pain or pain that lasts for days afterward. Muscle soreness after a hard workout is normal, but sharp, shooting, or sudden joint pain is not. Knee pain lasting longer than a couple hours after the exercise indicates that too much pressure was placed on the joint. Additionally, joints should not be hot or swollen after exercise or activity.

Consider improving your exercise technique to reduce joint stress and decrease risk of injury. Sometimes we may not be using as good of form as we think and, therefore, not focusing on the right muscles for a given movement. Working with a trainer or therapist for a few sessions may be worthwhile to ensure you’re using proper form and do not cause sheer force on the joints. You may also learn a few new moves to change up your same ol’ exercises!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Fendi And Morty

Fendi means "Italian luxury," but this gal is definitely low-maintenance. Hello, I am a 5-year-old female pit bull mix who has impeccable manners, walks great on a leash and knows my commands. I love to go to the baseball game, and this month my adoption fee comes with two free box seat tickets to the Fort Myers Miracle Bark in the Park game. There just happens to be one this Saturday, May 18, just in time to add me to your family and take me out to the ballpark!



Fendi ID# A776687

My adoption fee is \$25.

You never know what you will find at Lee County Domestic Animal Services. You are seeing correctly, yes, I am a pot belly pig. Hi, my name is Morty, and I am a 1-year-old male pot belly pig

who is sweet. I will take my favorite breakfast treat gently from your fingers. What is my favorite treat? Cheerios.

My adoption fee is \$30.

For the month of May, fees will be only \$25 with an approved application, and owners of the newly adopted pets will receive two free box-seat tickets to any 2019 Miracle home game. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce families to their new, furry friends.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.**



Morty ID# A777742

Haven on Earth Animal League

Chester And Dallas

Hi, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100.



Chester

Hello, I'm Dallas. I'm only 3 months old and

I'm looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.



Dallas

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**

PAWS Of Sanibel

Kittens



Four kittens

PAWS has four 8-week-old kittens and a 7- to 9-month-old momma to the four babies. We also are still desperately in need of a home for Puff.

The four babies were vetted the week of May 13 and received their first shot, flea treatment, etc. The plan was to have momma vetted/ shots and spayed that week as well. These

wonderful kittens are available for adoption. I highly suggest taking two kittens, if possible. It's so important for them to have a companion when you're not home. Call Pam at PAWS at 472-4823 to see these beautiful babies.*

Perry Winkle

PAWS has a 7- to 12-month-old kitten at Coral Veterinary Clinic in Fort Myers. The kitty was captured using a humane trap at Periwinkle Park.

She weighs 6.5 pounds, has no microchip and appears to be in good health, just very frightened. She was given injections for Rabies and FVRCP, and tested negative for FIV/ FeLV. She will be spayed on Wednesday, May 22. If you recognize this kitten, or you would consider adopting her, call Pam at 472-4823.*



Perry Winkle



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphon Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	765-4254 or 454-8090
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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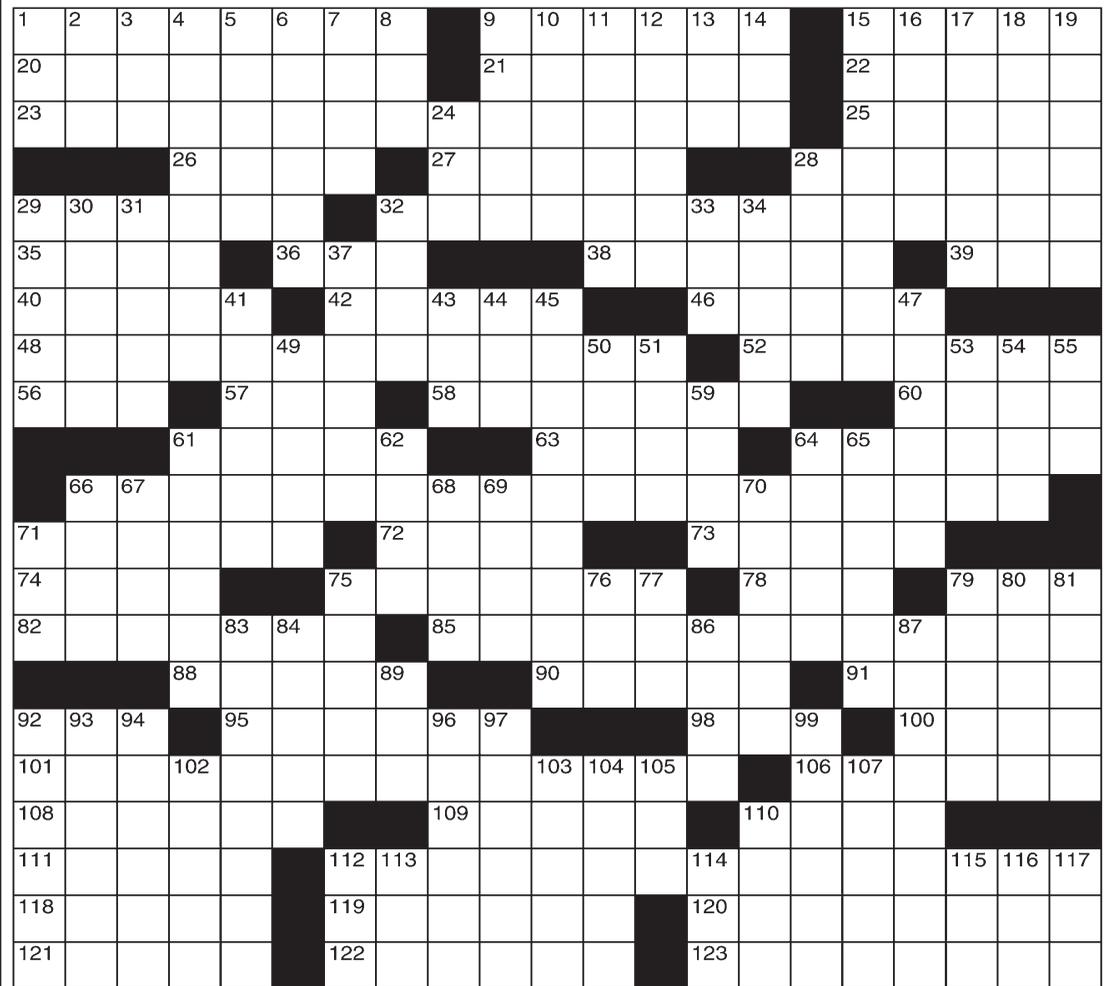
PUZZLES

Answers on page 29

Super Crossword

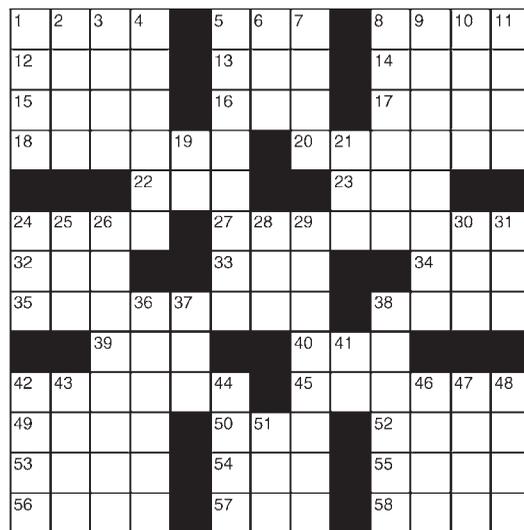
DIVIDING EXPERIMENT

- ACROSS**
- 1 Simulates, as an event
 - 9 Employ anew
 - 15 Barely visible
 - 20 Dirigible pilot
 - 21 Cuts into
 - 22 The "O" of TV's OWN
 - 23 Changing from one form of matter to another
 - 25 Unrestrained
 - 26 Hollywood's Harper
 - 27 2006 Supreme Court appointee
 - 28 Ballerina Alicia
 - 29 "Tapestry" singer King
 - 32 Eons ago
 - 35 Son on "Family Ties"
 - 36 — -fi movie
 - 38 Fund held in trust
 - 39 Cow's mouthful
 - 40 Kindled anew
 - 42 Linda of "Dynasty"
 - 46 Bongos, e.g.
 - 48 Of the study of the hair and scalp
 - 52 Mine transports
 - 56 Abbr. at the end of a list
 - 57 Road groove
 - 58 North Carolinian, informally
 - 60 Puts to work
 - 61 "Reward" for awful service
 - 63 French for "eye"
 - 64 Road
 - 66 Annual movie event in Lower Manhattan
 - 71 U.S. pres. George (#41 as opposed to #43)
 - 72 Lounge lazily
 - 73 Agatha Christie's "There Is —"
 - 74 Voting no
 - 75 Loss of recollections
 - 78 Home for mil. planes
 - 79 Machines next to mice
 - 82 Actress Sarah of "American Crime Story"
 - 85 Starter or finish judge at a meet, e.g.
 - 88 "Woo-hoo!"
 - 90 Docking site
 - 91 Spanish wavy mark
 - 92 27-Across' first name, for short
 - 95 Kind of tire
 - 98 Pack animal
 - 100 Cooking fat
 - 101 Having depth as well as length and width
 - 106 Is abrasive
 - 108 Kiddie-lit "pest"
 - 109 Observed secretly
 - 110 Minnesota's state bird
 - 111 On top of ... or what occurs in six long answers in this puzzle?
 - 118 More sage
 - 119 Red-brown
 - 120 Nullified
 - 121 Wound vestiges
 - 122 Sets foot in
 - 123 Exonerated
- DOWN**
- 1 Traitor
 - 2 Suffix with cannon
 - 3 Piece of the past
 - 4 Not poisonous
 - 5 Actor Elgort
 - 6 Produces
 - 7 Bath locales
 - 8 Holy figures: Abbr.
 - 9 Sphere
 - 10 Bud of Bert
 - 11 Real good-looker
 - 12 Turns of phrase
 - 13 "Stuck" actor Stephen
 - 14 Class for U.S. aliens
 - 15 "Go where I go"
 - 16 "What — excuse for ..."
 - 17 Paradoxical
 - 18 Capital of the Bahamas
 - 19 It's rung out on New Year's Eve
 - 24 Mai —
 - 28 Love, in Nice
 - 29 — blanche
 - 30 Advisory
 - 31 Piece of the past
 - 32 DVR brand
 - 33 Livy's 1,400
 - 34 Flynn of old movies
 - 37 Welsh, e.g.
 - 41 Is pounding
 - 43 Actor's rep.
 - 44 Hollywood's Vardalos
 - 45 Tool for cutting decorative spiral lines
 - 47 Snaky shape
 - 49 Not inner
 - 50 "Excuse me"
 - 51 Ericson of exploration
 - 53 On a cruise
 - 54 Line winder
 - 55 Old JFK jet
 - 59 Zeno of — (philosopher)
 - 61 Ex — (from nothing)
 - 62 Date tree
 - 64 Inflexible
 - 65 Morsel
 - 66 Fish that's a sushi staple
 - 67 Q-V link
 - 68 It might have serifs
 - 69 Robert of "The Sopranos"
 - 70 Groups of employees
 - 71 Protestant denom.
 - 75 Battery end
 - 76 I, in German
 - 77 Alias lead-in
 - 79 Rice-and-broth dish
 - 80 Training unit
 - 81 Luges, e.g.
 - 83 Group associated with red fezzes
 - 84 McCain's 2008 rival
 - 86 Spoken
 - 87 Salsa herb
 - 89 — and yang
 - 92 Drink inserts
 - 93 Language of the Koran
 - 94 Brunch drink
 - 96 Help
 - 97 Fat-breakdown enzyme
 - 99 Goal getter
 - 102 Delaware's capital
 - 103 Ship of the Middle East
 - 104 Jays' homes
 - 105 Suffix with cannon
 - 107 Stockpile
 - 110 Liquid rock
 - 112 Two plus one, in Turin
 - 113 Trot quickly
 - 114 Mom's mate
 - 115 Ca++ or Cl-
 - 116 Lyrical verse
 - 117 Beatty of "Network"



King Crossword

- ACROSS**
- 1 Last few notes
 - 5 Med. approval org.
 - 8 Fall into a beanbag chair
 - 12 Last write-up
 - 13 Valentine misspelling
 - 14 Actress Turner
 - 15 Missing
 - 16 Past
 - 17 Spore cases
 - 18 Pour wine
 - 20 Time of discontent?
 - 22 Calf's mama
 - 23 Fresh
 - 24 1/4 bushel
 - 27 Not steadily
 - 32 Vast expanse
 - 33 Play with robots
 - 34 Anonymous Richard
 - 35 Discontinue
 - 38 Nervous
 - 39 Type of humor
 - 40 Candle material
 - 42 Chemical relative
 - 45 Discount store
 - 49 Ms. Moore
 - 50 Blunder
 - 52 Green land
 - 53 Mideast nation
 - 54 Cartoonist Browne
 - 55 Kvetches
 - 56 Queue
 - 57 Chances, for short
 - 58 Jog
 - 8 Shaved a board
 - 9 Debate closer
 - 10 Previously
 - 11 Duo
 - 19 "Forget it!"
 - 21 Hostel
 - 24 Next-to-last letter
 - 25 Still, in verse
 - 26 Role for Julie, Eartha, Lee, Michelle, Halle or Anne
 - 28 Rapa — (Easter Island)
 - 29 Museum
 - 30 Visibility hindrance
 - 31 "30 Rock" star
 - 36 White weasel
 - 37 Catcher's place?
 - 38 Range
 - 41 Symbol for gold
 - 42 "American —"
 - 43 Big rig
 - 44 Start over
 - 46 Storyteller
 - 47 Therefore
 - 48 Criterion
 - 51 Tear
- DOWN**
- 1 Frigid
 - 2 Reed instrument
 - 3 Record
 - 4 Have at
 - 5 Platyhelminth
 - 6 Used a shovel
 - 7 Acknowledge

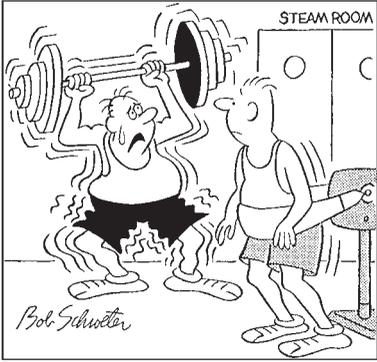


MAGIC MAZE • BRITISH SPELLING

F N K I F D A X F V T Q O M J
 H F C A Y W U R I P N L J H Y
 F D B **N E I G H B O U R** Z R X
 V T R Q Y O M K R I H E E U F
 C D B Z O E C N E C I L Y O W
 O E I V G R U O B A L L T V R
 L Q N O H Y E C N E F E D A N
 O L S T U T K I W R H V F L D
 U C T E R T A E H T A A Z F X
 R W A V T E J U S I R R Q O N
 M K L J I E U G O L A T A C H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|-----------|-----------|-----------|
| Catalogue | Fibre | Labour | Theatre |
| Centre | Flavour | Licence | Traveller |
| Colour | Instal | Litre | Yoghurt |
| Defence | Jewellery | Neighbour | |



"I think I'm gonna have to quit this fitness club for my _____."
answer on page 30

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Favor

KNOTE

Omen

DEALHR

Pace

CHARM

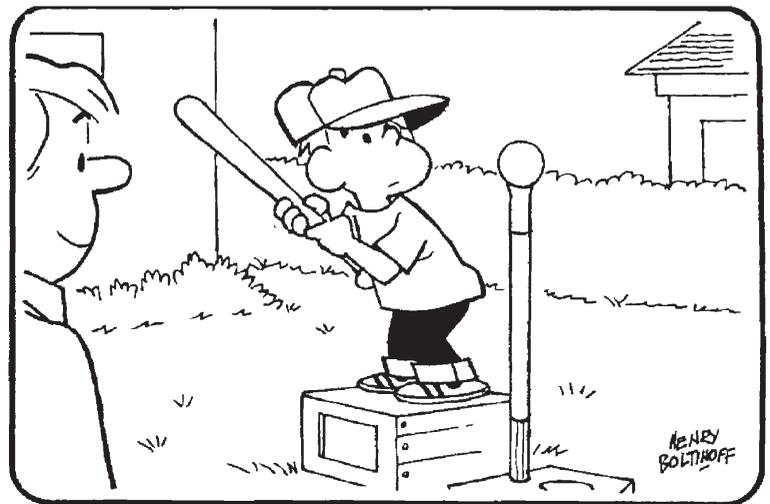
Forge

TRACEE

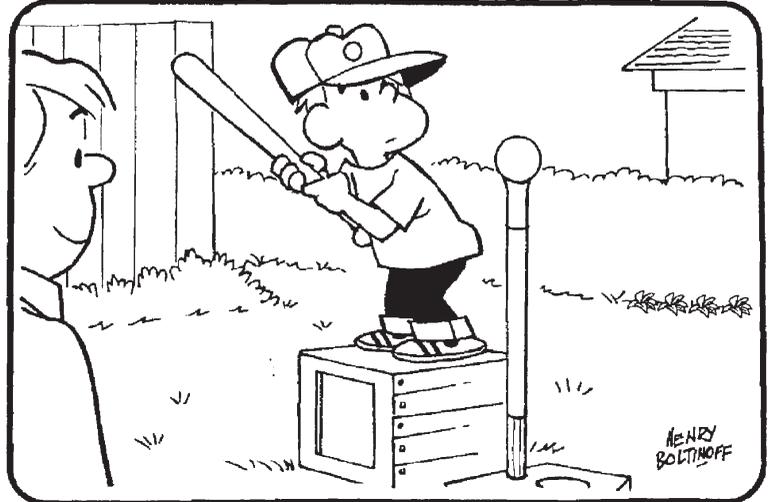
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Boy's hat is different. 2. Man's nose is smaller. 3. Fence replaces house on left. 4. Box is taller. 5. Plants added on the right. 6. Window is missing.

6			1				2	
	8	9		7				5
		7			4	3		
5				8		2		
		2	9	5		8		
	9			6				4
8				3			5	
		6	7					1
	2				9	7		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



Spinach Stuffed Flounder Roulade

- 4 (6 ounce) flounder fillets
- 3 cups spinach
- 3 lemons, 2 sliced and 1 juiced
- 1 cup bread crumbs
- 1/2 cup Parmesan cheese, grated
- 2 tablespoons butter, melted
- 1 tablespoon oil, for cooking
- Sea salt and fresh ground pepper, to taste

Pre-heat oven to 400 degrees. Thinly slice a lemon and place in the bottom of an oiled oven-proof dish and set aside. Pre-heat a sauté pan and add the olive oil. Sauté spinach for 2 minutes (until wilted) and season with salt and pepper. Remove from heat and add the lemon juice, bread crumbs, and Parmesan cheese. Mix to combine. Season both sides of the flounder and spread an even amount of the spinach mixture on each fillet. Carefully roll fillet and place on top of the lemon



Spinach Stuffed Flounder Roulade

photo courtesy Fresh From Florida

slices in the prepared dish. Season with salt, pepper, melted butter and

top with the remaining bread crumbs. Bake for 15-20 minutes or until cooked

thoroughly. Remove from oven and sprinkle with lemon juice.*

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May 10, 2019

Place Classified



My Stars ★★★★★

FOR WEEK OF MAY 20, 2019

Aries (March 21 to April 19) Untangling personal problems might take more time than the impatient Lamb expected. But it's important to hang in there until all those knotty situations are straightened out.

Taurus (April 20 to May 20) You still need to work out last-minute snags in your dealings with a rival. Hold your ground despite a perceived lack of support. Things should turn around before you know it.

Gemini (May 21 to June 20) Best not to delay preparing for that upcoming family event. The sooner you get things started, the better chance you have of finding potential problems and making needed changes.

Cancer (June 21 to July 22) The romantic Moon Child might be reluctant to see the reality behind that "ideal" situation. But by midweek, the practical Crab emerges to help clear away the moonbeams.

Leo (July 23 to August 22) Although the Big Cat might be receptive to more "purr-suasion" to get you to agree to a workplace change, make sure you can distinguish the fine line between facts and flattery.

Virgo (August 23 to September 22) Your positive attitude in the workplace helps to get you noticed by the right people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

Libra (September 23 to October 22) Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

Scorpio (October 23 to November 21) Don't be reluctant to act on your suspicion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

Sagittarius (November 22 to December 21) A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

Capricorn (December 22 to January 19) A friend or family member's request might carry some hidden factors that could later create problems. Be sure you

 FRIDAY Mostly Cloudy High: 82 Low: 78	 SATURDAY Sunny High: 84 Low: 80	 SUNDAY Sunny High: 85 Low: 81	 MONDAY Mostly Cloudy High: 88 Low: 83	 TUESDAY Mostly Cloudy High: 86 Low: 82	 WEDNESDAY Sunny High: 85 Low: 81	 THURSDAY Sunny High: 86 Low: 82
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	1:20 am	6:00 am	12:27 pm	7:23 pm
Sat	2:19 am	6:25 am	12:52 pm	8:06 pm
Sun	3:14 am	6:46 am	1:18 pm	8:47 pm
Mon	4:08 am	7:06 am	1:48 pm	9:29 pm
Tue	5:05 am	7:25 am	2:20 pm	10:12 pm
Wed	2:56 pm	10:58 pm	None	None
Thu	3:37 pm	11:48 pm	None	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	12:25 am	6:02 am	11:32 am	7:25 pm
Sat	1:24 am	6:27 am	11:57 am	8:08 pm
Sun	2:19 am	6:48 am	12:23 pm	8:49 pm
Mon	3:13 am	7:08 am	12:53 pm	9:31 pm
Tue	4:10 am	7:27 am	1:25 pm	10:14 pm
Wed	2:01 pm	11:00 pm	None	None
Thu	2:42 pm	11:50 pm	None	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	12:48 am	6:31 am	12:25 pm	7:17 pm
Sat	1:32 am	7:10 am	12:54 pm	8:04 pm
Sun	2:15 am	7:48 am	1:20 pm	8:50 pm
Mon	3:03 am	8:27 am	1:45 pm	9:36 pm
Tue	3:58 am	9:05 am	2:11 pm	10:21 pm
Wed	4:52 am	9:42 am	2:46 pm	11:05 pm
Thu	5:44 am	10:17 am	3:38 pm	11:52 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:30 am	9:16 am	2:37 pm	10:39 pm
Sat	4:29 am	9:41 am	3:02 pm	11:22 pm
Sun	5:24 am	10:02 am	3:28 pm	None
Mon	6:18 am	12:03 am	3:58 pm	10:22 am
Tue	7:15 am	12:45 am	4:30 pm	10:41 am
Wed	5:06 pm	1:28 am	None	None
Thu	5:47 pm	2:14 am	None	None

PUZZLE ANSWERS

SUPER CROSSWORD

R	E	E	N	A	C	T	S	R	E	H	I	R	E	F	A	I	N	T	
A	E	R	O	N	A	U	T	E	R	O	D	E	S	O	P	R	A	H	
T	R	A	N	S	U	B	S	T	A	N	T	I	A	L	L	O	O	S	E
C	A	R	O	L	E	T	E	S	A	L	I	T	O	A	L	O	N	S	O
A	L	E	X	S	C	I	E	S	C	R	O	W	C	U	D				
R	E	L	I	T	E	V	A	N	S	D	R	U	M	S					
T	R	I	C	H	O	L	O	G	I	C	A	L	O	R	E	C	A	R	S
E	T	C	R	U	T	T	A	R	H	E	E	L	U	S	E	S			
N	O	T	I	P	O	E	I	L	S	T	R	E	E	T					
T	R	I	B	E	C	A	F	I	L	M	F	E	S	T	I	V	A	L	
B	U	S	H	S	R	L	O	L	L	A	T	I	D	E					
A	N	T	I	A	M	N	E	S	I	A	A	F	B	P	C	S			
P	A	U	L	S	O	N	T	R	A	C	K	O	F	F	I	C	I	A	L
S	A	M	O	H	B	O	Y	W	H	A	R	F	T	I	L	D	E		
S	A	M	R	A	D	I	A	L	A	S	S	L	A	R	D				
T	R	I	D	I	M	E	N	S	I	O	N	A	L	C	H	A	F	E	S
R	A	M	O	N	A	S	P	I	E	D	L	O	O	N					
A	B	O	V	E	T	R	I	A	L	S	E	P	A	R	A	T	I	O	N
W	I	S	E	R	R	U	S	S	E	T	O	V	E	R	R	O	D	E	
S	C	A	R	S	E	N	T	E	R	S	P	A	R	D	O	N	E	D	

KING CROSSWORD

C	O	D	A		F	D	A		P	L	O	P							
O	B	I	T		L	U	V		L	A	N	A							
L	O	S	T		A	G	O		A	S	C	I							
D	E	C	A	N	T		W	I	N	T	E	R							
					C	O	W		N	E	W								
P	E	C	K		O	N	A	N	D	O	F	F							
S	E	A			R	U	R			R	O	E							
I	N	T	E	R	M	I	T		E	D	G	Y							
					W	R	Y			W	A	X							
I	S	O	M	E	R		O	U	T	L	E	T							
D	E	M	I		E	R	R		E	I	R	E							
O	M	A	N		D	I	K		N	A	G	S							
L	I	N	E		O	P	S		T	R	O	T							

MAGIC MAZE

SUDOKU

6	3	5	1	9	8	4	2	7
4	8	9	2	7	3	1	6	5
2	1	7	5	6	4	3	9	8
5	6	3	4	8	7	2	1	9
7	4	2	9	1	5	6	8	3
1	9	8	3	2	6	5	7	4
8	7	4	6	3	1	9	5	2
9	5	6	7	4	2	8	3	1
3	2	1	8	5	9	7	4	6

know all the facts before you make your decision.

Aquarius (January 20 to February 18)
A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

Pisces (February 19 to March 20)
You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

Born This Week: Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you.

MOMENTS IN TIME

- On May 20, 1873, San Francisco businessman Levi Strauss and Reno, Nevada, tailor Jacob Davis are granted a patent for work pants reinforced with metal rivets, then known as "waist overalls." It marked the birth of one of the world's most famous garments: blue jeans.

- On May 23, 1911, the New York Public Library, the largest marble structure ever built in the United States, is dedicated in New York City. It took 14 years to complete. The next day some 40,000 people passed through its doors. The collection already consisted of more than a million books.

- On May 25, 1927, Robert Ludlum, the author of 21 best-selling thrillers, including the Jason Bourne spy novels, is born in New York City. Ludlum sold more

than 300 million books before his death in 2001.

- On May 21, 1932, aviator Amelia Earhart flies solo across the North Atlantic, five years after aviator Charles Lindberg made the first solo flight. Earhart traveled over 2,000 miles from Newfoundland to Ireland in under 15 hours.

- On May 26, 1959, Harvey Haddix of the Pittsburgh Pirates pitches 12 perfect innings against the Milwaukee Braves, only to lose the game on a two-run double in the 13th inning. It was the first time in major-league history that a pitcher threw more than nine perfect innings.

- On May 22, 1972, President Richard Nixon arrives in Moscow for a summit with Soviet leaders. Although it was Nixon's first visit to the USSR as president, he had visited Moscow once before -- as U.S. vice president in 1959.

- On May 24, 1964, a referee's call in a soccer match between Peru and Argentina sparks a riot. More than 300 fans were killed and another 500 injured in the violent melee at National Stadium in Lima, Peru.

STRANGE BUT TRUE

- The most exciting phrase to hear in science, the one that heralds new discoveries, is not 'Eureka!' but 'That's funny ...' -- Isaac Asimov

- If you're planning a summer vacation in Maine this year, you might want to keep in mind that in that state, it's against the law to tickle a woman under the chin

with a feather duster.

- You might be surprised to learn that drinking tea increased the life expectancy of the British -- and even more surprised to learn why. It wasn't any beneficial compound found in the tea itself; rather, it was the act of boiling the water, which had the effect of killing pathogens found in the untreated water that was largely in use in England at that time. Also, once the Brits started drinking tea, they became addicted to the caffeine and therefore drank quite a bit more boiled water than had been their wont, decreasing even further their exposure to the pathogens that caused illness.

- You've doubtless heard of paranoia, but you're likely not familiar with metanoia. "A profound transformation in one's outlook" isn't terribly common considering today's deep societal divisions.

- Food for thought: What could you do with an extra \$1,500? According to the U.S. Department of Agriculture, for every person in an American home, almost 300 pounds of food is thrown out each year. For a family of four, this amounts to about \$1,500 in waste annually.

- Researchers in Greece who recently completed a study on napping found that men who nap at least three times a week were at a 37 percent lower risk for heart-related death. So now you have an excuse to do what you want to do anyway.

THOUGHT FOR THE DAY

"We're here to put a dent in the universe." -- Steve Jobs

TRIVIA TEST

- Literature:** Which one of Charles Dickens' novels features a character named Pip?
- Television:** Who played the title role in the 1970-80s sitcom "Alice"?
- Anatomy:** Which part of the brain regulates homeostasis of wake/sleep cycles, hunger and thirst?
- U.S. States:** What is the capital of Washington state?
- Mythology:** What was the name of the Roman equivalent of the Greek goddess Aphrodite?
- Geology:** Diamonds are mostly made of which element?
- History:** In which American city did the Great Molasses Flood occur in 1919?
- Theater:** Which long-running musical features the character Fanny Brice?
- Acronyms:** What does the acronym "ROYGBIV" stand for?
- Food & Drink:** What is ciabatta?

TRIVIA ANSWERS

1. *Great Expectations* 2. Linda Lavin
3. Hypothalamus 4. Olympia 5. Venus
6. Carbon 7. Boston 8. *Funny Girl* 9. Color
- sequence of the rainbow (Red, orange, yellow, green, blue, indigo and violet) 10. Type of Italian bread.

Tips On Applying For Hunt Permits

The Florida Fish and Wildlife Conservation Commission's (FWC) Quota Hunt Program is designed to provide quality hunting opportunities while meeting conservation objectives. A quota, which is the maximum number of hunters allowed on a particular wildlife management area during a hunt, prevents overcrowding and helps manage game harvests. The FWC's Division of Hunting and Game Management sets quotas based on an area's size, habitat, game populations and hunter preference.

The FWC's Office of Licensing and Permitting also plays an important role by administering the quota and limited entry hunt application process, including conducting random drawings and issuing permits. Its mission, under Director Tindl Rainey, is to connect people with opportunities to experience Florida's fish

and wildlife.

"Application periods give hunters an opportunity and reasonable timeframe to apply for hunts, and random drawings provide a fair and equitable way to award permits," Rainey said.

A standard lottery process gives all applications a random number. Then, beginning with random number one, the lottery process evaluates the application with the hunt choices selected, starting with choice one. If the choice is available based on the allotted quota for each hunt unit, the lottery will assign the application a successful status for that choice. If choice one is not available, the lottery will move on to evaluate choice two, and so on. This happens until the application is assigned a successful status for a choice or is instead assigned an unsuccessful status due to no choices having available quota.

"Applicants who put the same hunt for all choices do not increase their odds of getting drawn," Rainey said. "So there is no benefit to listing a choice more than once

on an application."

Once a random drawing process is completed, the results are posted on a customer account at www.goooutdoorsflorida.com. Any limited entry/quota permits with a claim deadline must be obtained by the last day of the claim period. More information on random drawings including how preference points, group applications and pre-authorizations and special-opportunity lotteries work can be found at www.myfwc.com/license.

Fall deer and hog quota hunt permits - The phase I application period for archery, muzzleloading gun, general gun, wild hog, youth, family, track vehicle, airboat and mobility-impaired quota hunt permits is May 15 to June 15.

Hunters may apply for each of the hunt types, and there is no fee to do so. But unless exempt, applicants must have an up-to-date \$26 management area permit (or a license that includes one) when applying for a quota permit. The system won't accept an application without this, and applicants

will be prompted to purchase one first.

The FWC offers youth deer hunts on Camp Blanding WMA in Clay County and on Andrews WMA in Levy County. If you have children between the ages of 8 and 15, and you want them to have a chance to experience one of these hunts, apply for a youth quota hunt permit. During these hunts only the youngsters may hunt, and they, along with their adult supervisors, are the only people allowed on the area. And note that applications must be submitted under the child's customer account.

There will be family quota hunts on 29 WMAs this season and, if drawn, the permit allows one adult to take one or two youths hunting. The adult may not hunt without taking along a youngster.

Hunters certified by the FWC as mobility-impaired can apply for Mobility-impaired Quota Permits, which allow exclusive access to general gun hunts on 10 of the state's public hunting areas.

To get the jump on one of these hunts, apply before June 15 at www.fwc.com.

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1/4 *TFN

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ROOMMATE WANTED

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5/17 *TFN

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ANNUAL RENTAL

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11/9 *TFN

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3/29 *TFN

SCRAMBLERS

1. Token; 2. Herald;
3. March; 4. Create

Today's Word
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5/17 *5/24

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goutdoorsflorida.com, or have a license agent or tax collector's office apply for you. To find out if you've been selected, log onto your customer account at that same web address after 10 a.m. on June 19.

Those who don't get drawn for a particular quota hunt in phase I will get a preference point for next year's drawing, which will improve future chances of being selected. Those unable to use their quota permit may return it at least 10 days prior to the hunt once phase III opens. Preference points plus one additional point are restored to hunters who return a permit issued in phase I.

Special-opportunity fall hunts -

Another great option is applying for special-opportunity fall hunt permits. These hunts offer large tracts of land with an abundance of game and low hunting pressure. All deer hunts allow you to take only mature bucks with at least one antler having four or more points, one inch or longer. Wild hogs also are legal to take during the deer hunts, and there is no size or bag limit on hogs.

These special-opportunity deer and wild hog hunts take place in central Florida on Fort Drum, Lake Panasoffkee, Triple N Ranch and Green Swamp West Unit WMAs. Camping is legal on all areas.

There is one seven-day general gun deer and hog hunt on the 20,858-acre Fort Drum WMA in Indian River County. The hunt costs \$50 for those drawn.

Lake Panasoffkee, in Sumter County, has eight four-day archery hunts for deer and hog on 8,676 acres. The permits are \$100 for each hunt.

There are two seven-day general gun and one four-day muzzleloader hunt for deer and hog on the 16,295-acre Triple N Ranch in Osceola County. The permit costs \$175 for each of the hunts.

Pasco County's Green Swamp West Unit, where the state's highest-scoring deer on record was taken, has two archery hunts for deer and hogs on its 34,335 acres. There are also three general gun hunts for deer and hogs. All are four-day hunts costing \$100.

All special-opportunity permit holders may bring one non-hunting guest during the deer and hog hunts.

Special-opportunity hunt permits are transferable by simply giving the permit to another person. Permit holders under age 16, or those who are certified mobility-impaired, may have a non-hunting assistant accompany them during all special-opportunity hunts.

Hunters who would like to take part in one or more of these hunts, can apply at www.goutdoorsflorida.com or at county tax collectors' offices or most retail outlets that sell hunting and fishing supplies. The application period runs through midnight of June 15.

Applicants may apply for as many special-opportunity hunts and dates as they'd like to increase their chances of being selected but must include the \$5 nonrefundable application fee for each one. Hunters are limited to drawing only one permit per hunt area, though.

Special-opportunity results are available in rounds, with payment for the cost of the selected hunt available at www.goutdoorsflorida.com or at any license agent or tax collector's office. Those who don't claim a permit by paying for it in full by the claim deadline for each round, forfeit it, and it'll be available to the next customer waiting in line in the next round.

National Wildlife Refuge hunts

- There are also several fall hunts on five national wildlife refuges that hunters can apply for during the same phase I application period of May 15 to June 15. These National Wildlife Refuge hunts offer another opportunity to hunt on well-managed habitat with healthy game populations and low hunting pressure. However, no guest permits are available for any of these hunts. Those drawn must pay for the permit by the claim deadline, or it is forfeited and made available during the next application period, which is first-come, first-served.

On the 21,574-acre Lake Woodruff NWR in Volusia and Lake counties, hunters can apply for archery and muzzleloading gun hunts for deer and hog. There is no fee to apply, but if drawn, the permit costs \$27.50.

Hunters can apply for archery hunts on Brevard County's 140,000-acre Merritt

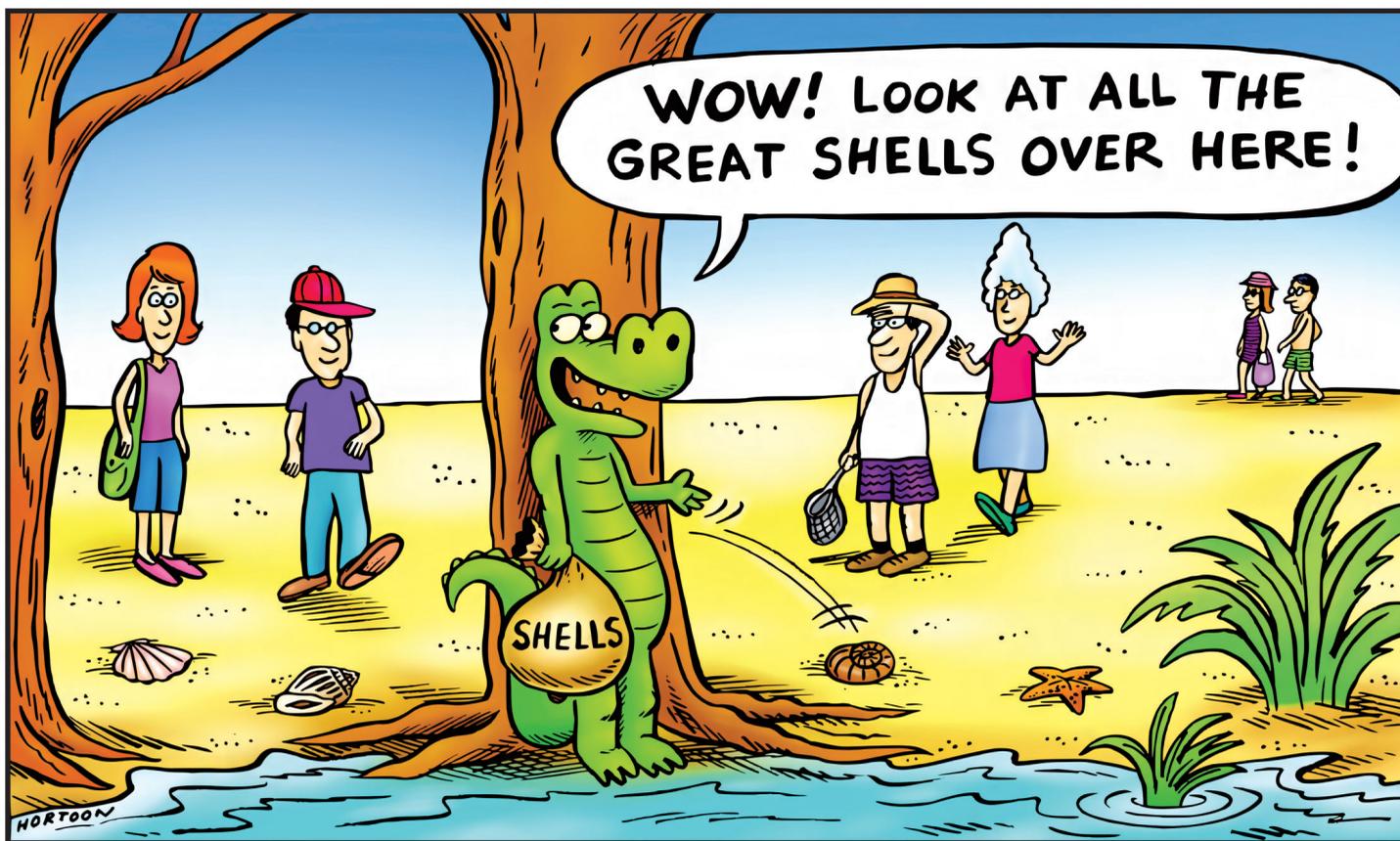
Island NWR. There is no cost to apply, but if drawn, the permit is \$27.50.

Just south of Tallahassee, hunters can apply for archery, general gun and mobility-impaired hunts on the 32,000-acre St. Marks NWR. Each of these hunts cost \$5 to apply for and if you get drawn, the permits are \$27.50.

Lower Suwannee NWR, in Dixie and Levy counties, has a \$15 permit that allows you to hunt the entire fall and spring season on the 53,000-acre refuge. Hunters can purchase this permit anytime up to the last day of spring turkey season.

Because St. Vincent NWR's sambar deer hunt was canceled last season due to Hurricane Michael, those who were awarded a permit last year will be provided a new permit by mail for the December 5 to 7 primitive weapons hunt by the U.S. Fish and Wildlife Service. If you have any questions, you can contact the refuge at 850-925-6121.*

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cases	Fort Myers Beach	1943	2,127	\$2,499,000	\$2,250,000	72
Captiva Beach	Captiva	1972	2,610	\$1,849,000	\$1,730,000	156
Shell Harbor	Sanibel	1982	2,741	\$1,295,000	\$1,295,000	22
Cape Coral	Cape Coral	2007	4,731	\$1,200,000	\$1,110,000	625
Metes And Bounds	Sanibel	1981	1,158	\$1,199,000	\$1,150,000	6
Palm Acres	Fort Myers	2006	3,448	\$1,197,500	\$1,150,000	225
Whiskey Creek Subdivision	Fort Myers	2007	3,041	\$1,099,000	\$985,000	47
St. Charles Harbour	Fort Myers	2002	4,292	\$999,000	\$985,000	33
Bonita Farms	Bonita Springs	1965	1,577	\$879,000	\$767,000	28
Cranbrook Harbor	Estero	1995	4,279	\$799,500	\$720,000	159

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